



THE COSMOPOLITAN™  
of LAS VEGAS

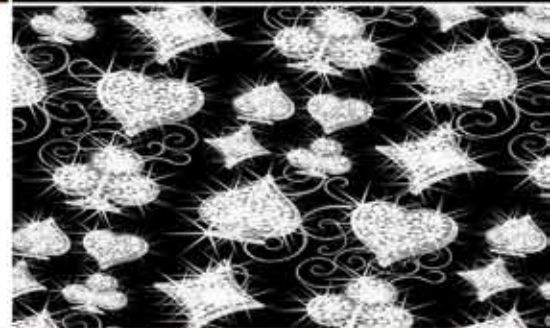
April 15–18, 2013

Preconference April 13–15

Exhibits April 16–17

# AAOHN 2013 NATIONAL CONFERENCE

A Winning Future for Occupational Health Nurses



# AAOHN 2013 National Conference

## *A Winning Future for Occupational Health Nurses*

### The goals of the 2013 AAOHN National Conference are to...

- Feature current and cutting-edge best practices in the field of domestic and global occupational, safety, and environmental health nursing.
- Explore the latest technology and resources to improve the management of your occupational and environmental health and safety practice.
- Stimulate dialogue to advance the specialty of occupational, safety, and environmental health nursing.

## GENERAL INFORMATION

**Exhibitors.** Representatives from a variety of companies will be on hand to answer your questions and demonstrate their products. You will learn about the latest products and services for occupational, safety, and environmental health nursing. Your practice will benefit from having a productive relationship with industry representatives who can keep you informed of developments in technology, pharmaceuticals, software, publications, and other products and services for occupational, safety, and environmental health nursing.

**Networking.** A key benefit of attending the AAOHN Conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits for conference participants.

**Message Board.** AAOHN will have a message board to facilitate networking. Bring your questions and ideas to post for responses by your colleagues. If you have a special interest, arrange to meet others with your interests. We encourage participants to post job listings on their message boards.

**Registration and Information Desk.** Hours are as follows:

Friday, April 12 . . . . .	5 – 7 p.m.
Saturday, April 13 . . . . .	6:30 a.m. – 5 p.m.
Sunday, April 14 . . . . .	7 a.m. – 5 p.m.
Monday, April 15 . . . . .	7 a.m. – 6 p.m.
Tuesday, April 16 . . . . .	7 a.m. – 6 p.m.
Wednesday, April 17 . . . . .	7 a.m. – 6 p.m.
Thursday, April 18 . . . . .	7 a.m. – 1 p.m.

Pick up your registration packet, name badge, class pocket schedule, conference program book, and obtain additional registration and conference information.

AAOHN staff will be happy to assist you by answering questions and accepting dues payments, applications for renewal, and new memberships.

**Badges.** Your official conference badge is included in your registration packet. Please return to the registration desk if you did not receive your badge. Badges are required for admission to most conference events.

- A blue badge indicates AAOHN members registered for the one-day or three-day conference proper; they may also have registered for preconference workshops.
- A yellow badge indicates non-members registered for the one-day or three-day conference proper only.
- A green badge indicates exhibitors with access to the Exhibit Hall only.
- An orange badge indicates media, spouse, or guest (see page 3).

**NOTE: Brochure content is subject to change between now and the conference.  
Please look to the AAOHN website for updated content.**

## GENERAL INFORMATION

**Continuing Education Certificates.** Continuing nursing education credit is awarded for all conference comprehensive courses, workshops, practice exchange, plant tours, and concurrent and general sessions. To receive credit, participants must attend the entire activity and complete the course evaluations online. Certificates are automatically calculated and generated, for print, once all online evaluations have been completed by each participant.

**Accreditation Statement With Disclosures.** This continuing nursing education (CNE) conference is provided by the American Association of Occupational Health Nurses (AAOHN). AAOHN is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). An individual learner choosing to attend all preconference, general, and concurrent sessions can earn up to 33 continuing nursing education contact hours. Verification of attendance is conducted through registration for the event and completion of an evaluation at the close of each session. The learner will attest to participation through documentation on the multi-session continuing education record. The planning committee members and program speakers have declared no conflicts of interest. Provision of this continuing education activity does not imply endorsement by the provider, ANCC, or any commercial products displayed in conjunction with this program. If pharmaceuticals are discussed, any off-label uses will be disclosed, as defined by the FDA.

**Audio/Video Taping.** No audio or video recording of any workshop or session is permitted without advance written permission from AAOHN and the presenter(s).

**Spouses and Guests.** Only registered conference participants with appropriate identification are admitted to educational activities. Business colleagues, friends, and family members (including spouses) are not allowed to enter workshop/session rooms or break areas.

**Exhibit Hall Pass.** Guests of any conference attendee must register at the AAOHN check-in area for an admittance pass to the AAOHN Exhibit Hall only. The fee is \$175 per guest and includes food or beverage breaks. All those with an Exhibit Hall pass must wear an admittance badge in order to enter the Exhibit Hall and must be accompanied by a registered attendee or exhibitor at all times during their visit. No one under the age of 16 will be admitted.

**Photography.** On occasion, an AAOHN photographer may take photos of participants enrolled in programs, courses, or events, or people participating in conference activities. Please be aware that these photos are for AAOHN use only and may be included in future conference programs, catalogues, brochures, pamphlets, or other promotional materials.

**Smoking in AAOHN Meeting Facilities.** AAOHN has designated all conference activities as *non-smoking*. This policy is strictly enforced; your compliance is appreciated.

**Fragrance-Free Policy.** Scents may trigger severe responses in those with chemical sensitivities (e.g., asthma, allergies, sinus problems, rhinitis, and migraine headaches). AAOHN encourages all men and women to avoid wearing scented personal care products (e.g., perfume, aftershave, scented lotions, fragranced hair products, and/or similar products) when attending this conference and activities associated with it. Thank you!

**Child Care.** Because only registered attendees are permitted in conference activities, please contact your hotel concierge to arrange any childcare needs you may have. Only registered attendees are permitted in conference activities. Children over the age of 16 may accompany a registered attendee into the conference exhibits but must have an Exhibit Hall pass in order to do so. The registration fee is \$175 per guest and allows guests or children of conference registrants' entrance to the Exhibit Hall only. To secure an Exhibit Hall pass, please register at the AAOHN check-in area. All registered guests must be accompanied by a registered attendee or exhibitor at all times during their visit. No one under the age of 16 will be admitted.

**Emergency Information.** If you encounter an emergency situation, stop and listen for instructions from the trained personnel in the conference center or hotel. When traveling in groups, always set a meeting place in case of separation. Please share emergency contact information with all those within your group.

**Hotel Emergency Procedures.** It is always best to report a medical emergency to the Hotel Security/Safety Department. Please dial "0" from any house phone; security staff can then direct emergency personnel to the scene.

# Program at a Glance

## Friday, April 12, 2013

- 8 a.m. – 4:30 p.m. .... **Board Forum**  
 5 – 7 p.m. .... **Registration**  
 6 – 8 p.m. .... **Board of Directors Reception**

## PRECONFERENCE

### Saturday, April 13, 2013

- 6:30 a.m. – 5 p.m. .... **Registration**  
 7 – 8 a.m. .... **Continental Breakfast**  
 8 a.m. – 4 p.m. .... **Board Meeting**  
 8 a.m. – 4 p.m. .... **Comprehensive Courses, Day 1**
- (101) COHN/S Certification Exam Review  
Annette Haag, MA, RN, COHN-S/CM, FAAOHN
  - (102) Physical Assessment: Putting It All Together  
Joan Rigdon, MN, RN, FNP-c, COHN-S  
Susan Harada, MN, RN, FNP-c, COHN-S
  - (103) AAOHN Certificate in Occupational Health Nursing  
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN  
Chad Rittle, DNP, MPH, BSN  
Kerri L. Rupe, ARNP, FNP-C, COHN-S, DNP, FAANP  
Deb Bush, RN, COHN-S/CM  
Tonya Grayson, LPN
  - (104) Industrial Office Ergonomics  
Tim McGlothlin, MS, CPE
  - (105) NIOSH-Approved Spirometry Training Course  
Emily Wallace, BS, RN, COHN-S  
Kathy Dobler, BSN, RN, COHN-S  
Rebecca Moreland, PhD, MPH, BSN
- 8 a.m. – 4 p.m. .... **Full Day Workshops**
- (106) DOT Medical Examiner Training  
Karen Heaton, PhD, CEN, FNP-BC  
Maynard Lamusao, NP  
Doug Hoffman, MSN, RN, COHN-S  
Kim Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN
  - (107) Pharmacology Update for the OHN  
Yolanda Lang, Dr.PH, MSN, CRNP, COHN, FAAOHN
  - (108) Motivational Interviewing in Your Occupational Health Nurse Practice  
Bonnie Olsen McDonell, NP, RN, MINTie  
Michael Cox, MS
  - (109) The Bodies of Others: Compassionate Cross-Culture Care  
Sara Schneider, PhD
  - (110) Certified Professional Collector Training Course (CPCT)/  
Drug Alcohol  
Sherri Vogler, DATIA Trainer
- 8 – 11:30 a.m. .... **Morning Workshops**
- (111) Ergonomic Challenges and Solutions in a “Seasoned Workforce”  
Diane DeGaetano, BSN, RN, COHN-S, FAAOHN
  - (112) Treasure Chest of Clinical Pearls, Occupational Health  
Nursing Gems, and Management Tips  
Donna Ferriera, ANP, MS, COHN-S  
April Teusch, RN, ACLS, TNCC

### 1 – 4:30 p.m. .... **Afternoon Workshops**

- (113) Patient Advocacy in the 21<sup>st</sup> Century: How to Maneuver  
Through the Maze  
Grace Paranzino, EdD, RN, CHES, FAAOHN  
Kathleen Golden McAndrew, ANP, COHN-S, FAAOHN, FAANP
- (114) eLearning: It's a New Method for Training for CPR and  
First Aid  
Deborah Haile, RN

### Sunday, April 14, 2013

- 7 a.m. – 5 p.m. .... **Registration**  
 7 – 8 a.m. .... **Continental Breakfast**  
 8 a.m. – 4 p.m. .... **Comprehensive Courses, Day 2**
- (201) COHN/S Certification Exam Review  
Annette Haag, MA, RN, COHN-S/CM, FAAOHN
  - (202) Physical Assessment: Putting It All Together  
Joan Rigdon, MN, RN, FNP-c, COHN-S  
Susan Harada, MN, RN, FNP-c, COHN-S
  - (203) AAOHN Certificate in Occupational Health Nursing  
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN  
Chad Rittle, DNP, MPH, BSN  
Kerri L. Rupe, ARNP, FNP-C, COHN-S, DNP, FAANP  
Deb Bush, RN, COHN-S/CM  
Tonya Grayson, LPN
  - (204) Industrial Office Ergonomics  
Tim McGlothlin, MS, CPE
  - (205) NIOSH-Approved Spirometry Training Course  
Emily Wallace, BS, RN, COHN-S  
Kathy Dobler, BSN, RN, COHN-S  
Rebecca Moreland, PhD, MPH, BSN
- 8 a.m. – 4 p.m. .... **Full Day Workshops**
- (206) CAOCH Refresher (note time: 8 a.m. – 5 p.m.)  
Cheryl Nadeau, MEd, FAAA
  - (207) Healthy Coaching  
Colleen Miller, BS, RN, CSBC  
Melinda Huffman, MSN, RN, CCNS, CHC
  - (208) Advanced Workers' Compensation and Disability Case  
Management  
Denise Gillen-Algire, MBA, BSN, RN, COHN-S/CM, FAAOHN
  - (209) Safety Shorts—Broaden Your Safety Practice  
Mary Gene Ryan, MPH, BSN, COHN-S/SM, FAAOHN  
Sarah Budde, MEd, RN, COHN-S, CSP
- 8 – 11:30 a.m. .... **Morning Workshops**
- (210) DOT Medical Examiner Training  
Karen Heaton, PhD, CEN, FNP-BC  
Maynard Lamusao, NP  
Doug Hoffman, MSN, RN, COHN-S  
Kim Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN
  - (211) Core Competencies for the Occupational Health Nurse  
Practitioner  
Arlene Guzik, DNP, ARNP-BC, COHN-S, FAAOHN
  - (212) Delivering Value on a Global Scale: The Six Critical Domains  
of a Globally-Integrated Occupational Health Organization  
Euzelia Hunter, MPH, RN, COHN-S/CM, FAAOHN  
Beverly David, MHA/MBA, RN, COHN-S/CM

# Program at a Glance

## 1 – 4:30 p.m. .... Afternoon Workshops

- (213) Medical Certification of Commercial Motor Vehicle Drivers:  
A FMCSA Regulatory Update  
Angela Ward, MS, BSN, RN, COHN-S
- (214) Pharmacology for Prescribers: Hot Drugs for Nurse  
Practitioners (NP)  
Stephen Eckels, PharmD
- (215) Marketing, Communication, and the Occupational Health Nurse  
Frank H. Leone, MBA, MPH

## 5 – 6:30 p.m. .... Fellows Meeting and Reception

### Monday, April 15, 2013

## 7 a.m. – 6 p.m. .... Registration

## 7 – 8 a.m. .... Continental Breakfast

## 8 – 11:30 a.m. .... Comprehensive Courses, Half Day

- (301) COHN/S Certification Exam Review  
Annette Haag, MA, RN, COHN-S/CM, FAAOHN
- (302) Physical Assessment: Putting It All Together  
Joan Rigdon, MN, RN, FNP-c, COHN-S  
Susan Harada, MN, RN, FNP-c, COHN-S
- (303) AAOHN Certificate in Occupational Health Nursing  
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN  
Chad Rittle, DNP, MPH, BSN  
Kerri L. Rupe, ARNP, FNP-C, COHN-S, DNP, FAANP  
Deb Bush, RN, COHN-S/CM  
Tonya Grayson, LPN
- (304) Industrial Office Ergonomics  
Tim McGlothlin, MS, CPE

## 8 – 11:30 a.m. .... Morning Workshops

- (305) Respirator Selection, Fitting, and Care  
J. Pat Curran, CIH
- (306) I'm an OHN Now. So What Do I DO???—Basic Occupational  
Health Nursing  
Jeannie Hanna, MSN, RN, COHN-S, FAAOHN  
Debbie Bush, RN, COHN-S/CM
- (307) Use of Complexity Management—Making Every OHN a  
Manager and Leader  
Yolanda Lang, Dr.PH, MSN, CRNP, COHN, FAAOHN
- (308) Leading Into the Future: Occupational Health Nurses Guiding  
Social Media Integration  
Kim Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN  
Debra M. Wolf, PhD, MSN, RN
- (309) Writing for Publication: From Pen to Press  
Deb Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN  
Pam Moore, EdD, MPH, RN, FAAOHN
- (310) Demonstrating Cost Containment—The OHN and Case  
Management Role  
Beth Thomas, PhD, RN, ANP-BC, COHN-S, CNL  
Dawn Stone, PhD(c), RN, ANP, COHN-S
- (311) Using Persuasion to Achieve Your Goals—How to Succeed  
Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN  
Grace Paranzino, EdD, RN, CHES, FAAOHN

## 8 – 11:30 a.m. .... Special Offering

- (312) Site Safety Tour  
Mary Gene Ryan, MPH, BSN, COHN-S/SM, FAAOHN  
Sarah Budde, MEd, RN, COHN-S, CSP

## CONFERENCE

### Monday April 15, 2013

## 1 – 1:45 p.m. .... New Member Orientation First Time Attendees

## 2 – 3 p.m. .... Opening Session

- (313) The Fully Engaged Occupational and Environmental Health  
Nurse  
Jack L. Groppel, PhD

## 3:15 – 4:15 p.m. .... Practice Exchange

- |                           |                                   |
|---------------------------|-----------------------------------|
| Case Management (314)     | Health/Wellness (319)             |
| Consulting (315)          | Hospital/Healthcare (320)         |
| Corporate (316)           | Nurse Practitioner/Clinical (321) |
| Educator (317)            | Safety/Environment (322)          |
| Government/Military (318) | LPN (323)                         |

## 4:30 – 5:30 p.m. .... Plenary Session

- (325) 30+ Years of National Involvement: Ten Lessons for  
Occupational Health Nurses  
Frank H. Leone, MBA, MPH

## 5:30 – 7:00 p.m. .... Opening Reception

### Tuesday, April 16, 2013

## 7 a.m. – 6 p.m. .... Registration

## 7 – 8 a.m. .... Continental Breakfast

## 7 – 8 a.m. .... Laughter Yoga

## 8 – 9 a.m. .... Keynote Session

- (324) Enhancing the Health and Well-Being of Patients at Each  
Stage of Change  
James O. Prochaska, PhD

## 8 a.m. – 12 p.m. .... Poster Set-Up

## 9:15 – 10:45 a.m. .... Concurrent Session 1

- (400) OSHA in Healthcare: Do We Have Their Attention?  
**Track: Safety/Environmental & Regulation/Compliance**  
Scott Harris, PhD, MSPH
- (401) Driving Value and Enhancing Performance; Leveraging  
Medical Management Effectively in Workers' Compensation  
Programs  
**Track: Disability/Case Management**  
Denise Gillen-Algire, MBA, BSN, RN, COHN-S/CM, FAAOHN
- (402) 20 Characteristics of Successful Worksite Wellness Programs  
**Track: Health Promotion/Wellness**  
Don Powell, PhD
- (403) Exposure History Taking: If You Don't Ask, You Don't Know!  
**Track: Clinical Practice**  
Grace Paranzino, EdD, RN, CHES, FAAOHN

# Program at a Glance

(404) Advancing Evidence-Based Practice in the Workplace

**Track: Nurse Practitioner**

Mary Lou Cook, PhD, RN  
Bernadette Hodge, MLS, MS, RN  
John Cook, PhD, MBA

(405) Next Steps After the 70<sup>th</sup> Anniversary: Challenges in Moving Forward With 21<sup>st</sup> Century Occupational and Environmental Health Nursing (OHN)

**Track: Thought Leadership**

Bonnie Rogers, DrPH, COHN-S, FAAN  
Marjorie McCullagh, PhD, RN  
Barbara J. Burchell, PhD, RN, COHN-S, FAAN

## 11 a.m. – 12:30 p.m. .... Concurrent Session 2

(406) Eyes, Ears, Nose, and Throat—A Review for the Occupational Health Nurse (OHN)

**Track: Clinical Practice**

Steven Marks, MSN, RN, APN-C, COHN-S

(407) Hearing Protection

**Track: Safety/Environmental**

Pegeen Smith, MS, RN, COHN-S

(408) Leading With Flexible Thinking and Creativity

**Track: Thought Leadership**

Diane Mairone, PhD

(409) Respiratory Protection—Implementation of a Medical Program Using Technology

**Track: Safety/Environmental & Regulatory/Compliance**

Joanne O'Brien, MPH, RN

(410) Safety and Prevention—Key Components for a Strong Return To Work (RTW) Program

**Track: Disability/Case Management**

Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FFAOHN

(411) Take a Stand Against Sitting—Workday Solutions for the Occupational Hazard of the Office Chair

**Track: Health Promotion/Wellness**

Jeannie Hanna, MSN, RN, COHN-S, FFAOHN  
Allison Kleinfelter, MS, RN

## 1:30 – 3 p.m. .... Concurrent Session 3

(412) Building an Effective Global Partnership: Our Story

**Track: Clinical Practice/Global/Travel Nursing**

Patrick Deroose, RN  
Glenn Morrison, MS, CIH  
Dottie Robinson, BSN, RN, COHN-S/CM

(413) Expecting, Achieving, and Demonstrating Excellence

**Track: Clinical Practice/Nurse Practitioner**

Arlene Guzik, DNP, ARNP-BC, COHN-S/CM, FFAOHN

(414) Occupational Health Nurse of the Future: The Great Communicator and Expert Change Agent

**Track: Management/Business**

Toni McKenna, DNSc, RN

(415) Finally, Multi-Disciplinary Safety Patient Handling National Standards

**Track: Hospital/Healthcare**

Suzy Harrington, DNP, RN, MCHES

(416) ABOHN Certification: Learning How to Write Items

**Track: Career/Professional Development**

Margaret Manuszak, MS, RN, COHN-S/CM, FFAOHN  
Ann Lachat, BSN, COHN-S/CM, FFAOHN

(417) Prepared for Today—Ready for Tomorrow

**Track: Safety/Environment**

Pamela Ward, MA, BS, RN

3 – 4:30 p.m. .... **Poster Viewing**

4:30 – 7:30 p.m. .... **Conference Exhibit/Ribbon Cutting and Reception With Exhibitors**

## Wednesday April 17, 2013

7 a.m. – 6 p.m. .... **Registration**

7:30 – 8:45 a.m. .... **Breakfast and Awards Recognition**

9 – 10:30 a.m. .... **Annual Business Meeting**

10:30 – 11 a.m. .... **Break With Exhibitors**

11 a.m. – 12 p.m. .... **Catherine Dempsey Lecture**

(500) Future of Nursing Campaign for Action

Debra Toney, PhD, RN

12 – 1 p.m. .... **Lunch With Exhibitors**

1 – 2:30 p.m. .... **Concurrent Session 4**

(501) Healthy People 2020: A Comprehensive Review of the Occupational Safety and Health Objectives

**Track: Health Promotion/Wellness**

Kimberly Olszewski, DNP, CRNP, COHN-S/CM, FFAOHN  
Carol I. Parks, BSN, RN, COHN-S/CM, FFAOHN  
Noreen E. Chikotas, DEd, MSN, CRNP

(502) Emerging Trends in the Adoption of Treatment Guidelines for Workers' Compensation Cases at the State Level: Has the Fox Been Left to Guard the Hen House?

**Track: Disability/Case Management**

Phil LeFevre, BA, C-ODGT

(503) Healthy, Sustainable Communities: Using the National Prevention Strategy to Mobilize Community Action

**Track: Health Promotion/Wellness**

Margie Weiss, PhD, APNP

(504) Challenges in Conducting Hazardous Drug Medical Surveillance Programs in the Healthcare Setting

**Track: Clinical Practice & Hospital/Healthcare**

Adrienne Wolf, MPH  
Lee Newman, MD, MA, FACOEM, FCCP

(505) Implementation of an Electronic Medical Record in the Occupational Health (OH) Setting

**Track: Nurse Practitioner/Clinical Practice**

Joanna Krasinski, MSN, ANP-BC, COHN-S

(506) 2012 Revised Hazard Communication Standard—Become an Expert

**Track: Safety/Environmental/Regulatory/Compliance**

Mary Gene Ryan, MPH, BSN, COHN-S/SM, FFAOHN

2:30 – 3 p.m. .... **Break With Exhibitors**

3 – 4:30 p.m. .... **Concurrent Session 5**

(507) Implementation of Low Back Pain Protocol in Medical Center Occupational Health Programs

**Track: Hospital/Healthcare**

Denise Knoblauch, BSN, RN, COHN-S/CM  
Maureen Mathews, MS, APN

# Program at a Glance

- (508) Evaluating Corporate Wellness Program Effectiveness Using Health Risk Trends  
**Track: Management & Business/Health Promotion/Wellness**  
Jeanne Sherwood, RN
- (509) Job Accommodation  
**Track: Disability/Case Management & Regulation/Compliance**  
Elisabeth Simpson, MS, CRC
- (510) Safe Work for All—Positive Outcomes of a Post-Offer Exam Program  
**Track: Clinical Practice**  
Rachel White, BSN, RN, COHN-S
- (511) Pharmacology for Prescribers: Hot Drugs for Nurse Practitioners (NP)  
**Track: Nurse Practitioner**  
Dan Bembry, PhD, APRN, FNP-BC
- (512) Occupational Hazards for the Pregnant Employee and the Impact of the Work Environment  
**Track: Safety/Environmental & Regulatory/Compliance**  
Andrew Gottlieb, FNP-BC
- 4:30 – 5:30 p.m.**..... **Committee Meetings**
- 5:30 – 7:30 p.m.**..... **ABOHN Reception**
- Thursday, April 18, 2013**
- 7 a.m. – 1 p.m.**..... **Registration**
- 7 – 8 a.m.**..... **Continental Breakfast**
- 7 – 8 a.m.**..... **Chapter President’s Session**
- 8 – 9:30 a.m.**..... **Concurrent Session 6**
- (600) Occupational Health Nursing (OHN) Around the World  
**Track: Management/Business & Global Nursing**  
Susan Sliski, DNP, RN, CCM  
Tara O’Leary, BSN, RN, COH-N  
Tina Thorton, BSN, RN, COHN-S/CM  
Silvia Arraz, MSc, RN, OHN  
Alfonso Meneses, PhD, RN, OHN  
Marta Maria Hernandez Martin
- (601) Getting the Degree You Want  
**Track: Career/Professional Development**  
Marjorie McCullagh, PhD, RN
- (602) Hot Cardiac Drugs  
**Track: Clinical Practice**  
Yolanda Lang, Dr.PH, MSN, CRNP, COHN, FAAOHN
- (603) Laboratory Ergonomics  
**Track: Hospital/Healthcare/Laboratories & Regulation**  
Peggy Ross, RN, COHN-S/CM, CSP
- (604) Take It “Up a Notch”—Transforming Your Wellness Program Into a Strategic Wellness Initiative  
**Track: Management/Business & Health Promotion/Wellness**  
Tammie Hansen, RN, COHN-S
- (605) Outcomes-Based Programs Achieve Results and Provide Return on Investment  
**Track: Management/Business**  
Wanda Smith, MPH, BSN, RN, COHN-S, FAAOHN
- 10 – 11:30 a.m.**..... **Concurrent Session 7**
- (606) Increasing Employee Vaccination Rates—Can It Reduce Lost Time and Increase Productivity?  
**Track: Clinical Practice**  
Chad Rittle, DNP, MPH, RN
- (607) Onsite Health and Wellness That Works!  
**Track: Health Promotion/Wellness**  
Trent Shuford  
Kim Mayhew, BSN, RN, OHNC
- (608) Selecting and Deploying a Health Risk Assessment Tool: Global Perspectives and Practical Approaches  
**Track: Health Promotion/Wellness & Global**  
Sharon Kemerer, MSN, RN, COHN-S/CM  
Jeannie Hanna, MSN, RN, COHN-S, FAAOHN  
Deborah Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN  
Wolf Kirsten, MSc
- (609) Winning With Power Presentations  
**Track: Management/Business**  
Ann Dudash, DTM  
Laura East, RN, COHN-S
- (610) Hot Topics  
**Track: All Occupational Health Nurses**  
Mary Gene Ryan, MPH, BSN, COHN-S/SM, FAAOHN  
Karen Griffith, MBA, BSN, RN, COHN-S  
Adam S. Glauber, BS
- (611) Health Literacy and Worker Safety: Practical Tips to Improve Interpersonal Communication  
**Track: Health Promotion/Wellness**  
Grace Paranzino, EdD, RN, CHES, FAAOHN
- 11:45 a.m. – 12:30 p.m.**..... **Closing Session**
- (612) An Occupational Health Nurse’s Guide to Total Worker Health™  
L. Casey Chosewood, MD

## LAUGHTER YOGA

**Tuesday, April 16, 2013, 7 – 8 a.m.**

A wellness event like none you’ve ever experienced before! Join us for fun and relaxation in this unique event that raises funds for the AAOHN Foundation. Your participation helps the Foundation provide grants, professional development, and research initiatives for occupational and environmental health professionals committed to improving worker health and safety. A \$10 donation to the Foundation supports research grants and scholarships for membership.

# Featured Speakers



## **Jack L. Groppe, PhD . . . . . OPENING SPEAKER**

Jack L. Groppe, PhD, is the co-founder of the Human Performance Institute and Vice President of Applied Science and Performance Training at Wellness & Prevention, Inc., a Johnson & Johnson company. He is an internationally-recognized authority and pioneer in the science of human performance and an expert in fitness and nutrition. A board certified nutritionist, he is the author of *The Corporate Athlete*, a book on achieving the pinnacle of corporate performance.



## **Frank H. Leone, MBA, MPH . . . . . PLENARY SPEAKER**

Frank H. Leone, MBA, MPH, is the founder and president of RYAN Associates. RYAN Associates specializes in the employer-healthcare provider relationship, completing hundreds of consultations, educational conferences, seminars, training programs, and webinars. He also serves as Executive Director of the 1,800-member National Association of Occupational Health Professional (NAOHP), founded in 1990. Mr. Leone is a frequent featured speaker at national meetings and conferences. His annual three-day occupational health sales and marketing training program has been a staple of the industry since 1988. He is the author of the 2012 book *Marketing Healthcare Services to Employers: Strategies and Tactics*, published by the Sea Hill Press.



## **James O. Prochaska, PhD . . . . . KEYNOTE SPEAKER**

James O. Prochaska, PhD, is the founder of Pro-Change Behavior Systems, Inc. Named one of the five most influential authors in psychology by the Institute for Scientific Information and the American Psychological Society, Dr. Prochaska is the author of more than 300 papers on behavior change for health promotion and disease prevention. He has served as principal investigator on over \$60 million in research grants on the prevention of cancer and other chronic diseases and has received numerous honors. He also serves as director of the Cancer Prevention Research Center and professor of psychology at the University of Rhode Island and is the author of several books.



## **Debra Toney, PhD, RN, FAAN . . . . . CATHERINE DEMPSEY LECTURE**

Debra Toney, PhD, RN, FAAN, serves as administrator for TLC Health Care Services, Inc., in Las Vegas. With experience in nursing and case management, she has spent the last 21 years of her 33-year career in healthcare administration roles. She is an alumnus of the Robert Wood Johnson Executive Nurse Fellows program. Dr. Toney also has served as president of the National Black Nurses Association and as a member of the Nominating Group for the U.S. Food and Drug Administration. In 2012, Coca-Cola recognized Toney as Torchbearer for the London 2012 Olympic Torch Relay in honor of her dedication to healthier communities. She carried the torch through the streets of Kirtlington, England.



## **L. Casey Chosewood, MD . . . . . CLOSING SPEAKER**

L. Casey Chosewood, MD, is senior medical officer for Total Worker Health™ Programs at the National Institute for Occupational Safety and Health (NIOSH), part of the Centers for Disease Control and Prevention that promotes the protection, preservation, and improvement of the health and well-being of workers. From 2004 to 2009, he served as the director of the Office of Health and Safety at CDC where he was charged with protecting the 15,000 members of the CDC workforce as they faced the new challenges of the modern public health era. Dr. Chosewood has also served as the medical director of CDC's three occupational health clinics. He has presented extensively on the topic of occupational safety and health, well-being, and worksite health promotion.



**three  
square™**

working together, we serve hope™

A member of  
**FEEDING  
AMERICA**

## **HELP FIGHT HUNGER WITH AAOHN**

You have an opportunity to ensure a winning future for citizens in need. Hunger is one of Las Vegas' most significant social issues, climbing in recent years as the local economy declined. In fact, a 2009 study by the Southern Nevada Food Symposium found that:

- One in eight households in Nevada struggles with hunger.
- Nearly one in five Nevada children experience food insecurity, and the effects often cause lifelong problems.

As occupational and environmental health professionals, we can come together by making an online donation to Three Square food bank. Look for more information at [aaohn.org](http://aaohn.org) and at the 2013 AAOHN Conference.



# Preconference Sessions

## Comprehensive Courses, Day 1

Saturday, April 13 .....8 a.m. – 4 p.m.

### COHN/S Certification Exam Review (101) – 2½ days

**Annette Haag, MA, RN, COHN-S/CM, FAAOHN**

Following a comprehensive, take-home workbook/resource manual, you will spend 2½ days engaged in participatory lectures and activities that will provide you with a sound background for taking the American Board of Occupational Health Nurses (ABOHN) COHN or COHN-S examination. The course will cover the management of occupational health and safety programs, services, and staff; clinical care; environmental relationships; coaching; worker advocacy; and roles such as change agent, plus health protection, health promotion, health education and research implication for practice. To better prepare you for the certification exam, there will be written tests prior, during, and at the conclusion of the sessions. Note: Taking this course does not certify you. You must still sit for the exam.

Objectives: Discuss management roles, concepts, and principles in a business environment. Define the elements of occupational and environmental health nursing practice. Cite legally mandated health and safety programs. List legal issues and standards. Describe health and medical surveillance systems and programs. Explain the application of industrial hygiene, toxicology, epidemiology, ergonomics, and safety principles in a work environment. List the components of a disability management program. Describe health promotion, health coaching, and condition management program design. Discuss the implications of research for practice. Discuss collaborative relationships with management, professional OH partners, community providers/agencies, and employee assistance. Discuss test-taking techniques and strategies for preparing and studying for the COHN and COHN-S examination.

### Physical Assessment: Putting It All Together (102) – 2½ days

**Joan Rigdon, MN, RN, FNP-c, COHN-S**

**Susan Harada, MN, RN, FNP-c, COHN-S**

This course concentrates on physical assessment skills necessary in occupational health settings. It covers a thorough head-to-toe assessment as well as a thorough musculoskeletal assessment review. This is an intermediate course for nurses with some familiarity with physical assessment.

Objectives: List the elements of a head-to-toe physical exam. Demonstrate a short but comprehensive neuro exam. List “red flags” found in each anatomical area. Provide return demonstration for one chosen anatomical area. Identify the components of a comprehensive musculoskeletal exam. Perform a sequential and focused musculoskeletal exam of anatomical areas: knee, back/hip, and upper extremity. Differentiate and apply appropriate testing based on physical findings (neurological and muscular testing).

### AAOHN Certificate in Occupational Health Nursing (103)

– 2½ days

**Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN**

**Chad Rittle, DNP, MPH, BSN**

**Kerri L. Rupe, ARNP, FNP-C, COHN-S, DNP, FAANP**

**Deb Bush, RN, COHN-S/CM**

**Tonya Grayson, LPN**

This course will partially satisfy the requirements for the new AAOHN Certificate in Occupational and Environmental Health Nursing. Other requirements include completion of the *AAOHN Core Curriculum Study Guide*, and certification in spirometry and respiratory fit testing, audiometry, ergonomics, and health coaching. This course will cover an introduction to occupational health nursing (OHN); terms and definitions; the scientific foundation of OHN; legal and ethical issues and regulations determining practice; worker populations; OH recordkeeping; business

metrics; and developing, implementing, and evaluating a comprehensive OHS program. It is ideal for those who are new in occupational and environmental health, LPNs, or those who want an intense “brush-up.” Note: This is not an ABOHN certification exam review course.

Objectives: Recognize key terms and definitions in OHN. Describe the evolution of OHN and the theoretical and conceptual framework of the specialty. Define the sciences of epidemiology, industrial hygiene, ergonomics, toxicology, and safety in an OH environment. Name the legal and ethical issues that impact OHN programming, including OSHA, HIPAA, FMLA, ADAA, safety management systems, etc. List worker populations encountered in today’s workplace and how their presence impacts OHN program planning. Describe how to gather metrics and create a business case for OH programming in today’s dynamic business environment. Discuss medical records, transference of electronic medical data, security, telemedicine, social media, and mobile health. Define terms: risk matrix, risk models, safety management systems, global considerations, sustainability, and social responsibility in the context of a comprehensive health and safety program.

### Industrial Office Ergonomics (104) – 2½ days

**Tim McGlothlin, MS, CPE**

This course is an introduction to ergonomic principles, and it addresses topics such as musculoskeletal disorders (MSDs), identifying and prioritizing ergonomic stressors, determining root causes, analysis techniques, developing appropriate control measures, and design criteria. The course prepares you to conduct ergonomics assessments for the control of risk factors that cause workplace musculoskeletal disorders (WMSDs). It mixes lecture and laboratory to allow you to apply techniques.

Objectives: Describe the basic elements of the client’s ergonomics process. Define ergonomics and why it is important. Define MSDs and give examples. List MSD symptoms and explain the importance of early reporting. Identify risk factors that contribute to WMSDs. Explain the importance of working in neutral postures and how it affects fatigue. Appropriately prioritize jobs based upon risk factors present, injury data, and interviews with employees/supervisors. Use the Rapid Upper Limb Assessment (RULA) evaluation tools to analyze jobs with ergonomic risk factors associated with the upper extremities. Use the NIOSH Lifting Guidelines and Manual Materials Handling Tables to analyze jobs with ergonomic risk factors associated with the low back. Use teams to develop appropriate intervention strategies for the reduction of WMSD risk factors. Assess the worksite and make basic recommendations.

### NIOSH-Approved Spirometry Training Course (105)

– 2 days

**Emily Wallace, BS, RN, COHN-S**

**Kathy Dobler, BSN, RN, COHN-S**

**Rebecca Moreland, PhD, MPH, BSN**

This course is approved by the National Institute for Occupational Safety and Health (NIOSH). It qualifies you to perform accurate pulmonary function tests and interpret test results in industrial and/or clinical settings. It provides the latest information about the current standards and recent developments in pulmonary function testing. While not difficult, there will be some math involved with calculations. This is an initial spirometry course, not a refresher. If you meet the criteria required by NIOSH you will receive a certificate of course completion valid for 5 years. Note: This class will accommodate 18 and is on a first-come, first-served basis.

Objectives: Indicate the purpose, objectives, and legal requirements of a respiratory surveillance program. Describe anatomy and physiology of the respiratory system and indications for spirometry. Discuss quality assurance measures and calibration checks. Discuss specific test parameters and their significance. Demonstrate subject preparation, education, coaching, and proper test procedures.

# Preconference Sessions

## Full Day Workshops

**Saturday, April 13 .....8 a.m. – 4 p.m.**

### **DOT Medical Examiner Training (106) – 1½ days**

**Karen Heaton, PhD, CEN, FNP-BC**

**Maynard Lamusao, NP**

**Doug Hoffman, MSN, RN, COHN-S**

**Kim Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN**

This certificate workshop meets the core curriculum requirements for medical examiner training, according to the Federal Motor Carrier Safety Administration (FMCSA). Upon satisfactory completion of this workshop those eligible to serve as examiners will be prepared to sit for the National Registry of Certified Medical Examiners (NRCME) certification examination. Content will follow the core curriculum with a focus on body systems. It will address the medical examiner's responsibility to teach or inform the driver about medications and the impact the medications may have on the safe operation of a commercial motor vehicle. It will address the use of the nursing process in performing the examinations and coaching techniques to better engage CMV drivers in safe highway practices.

**Objectives:** Demonstrate performing and documenting the medical history and examination, including additional diagnostic tests. Describe FMCSA reporting and documentation requirements. Define ways of educating, informing, coaching, and referring drivers about prescription and over-the-counter medications, non-disqualifying conditions that may need care, safe driving...and other areas.

### **Pharmacology Update for the OHN (107)**

**Yolanda Lang, Dr.PH, MSN, CRNP, COHN, FAAOHN**

This pharmacological workshop is designed for the practicing Occupational Health Nurse (OHN) whose employee population is constantly changing to include not only an older population, but a population with a wide variety of medical issues. This workshop will examine a variety of medication classifications; popular medications within each classification; the mechanism of action of various medication classifications; common adverse effects; and routes of administration and possible drug interactions, both within and between medication classifications. Case studies specific to the OH environment will be reviewed and discussed.

**Objectives:** State basic pharmacological principles and drug classifications. Define various medication classifications—state various medications within each classification. Discuss mechanism of actions, indications, adverse effects, contraindications, route of administration, and drug interactions. State relationships between pharmacologic agents and physiological/pathologic responses.

### **Motivational Interviewing in Your Occupational Health Nurse Practice (108)**

**Bonnie Olsen McDonell, NP, RN, MINTie**

**Michael Cox, MS**

This workshop will provide the occupational health nurse (OHN) with an intermediate level knowledge and skill for this evidence-based program and its implementation. It will enable OHNs to use Brief Negotiation, a derivative of motivational interviewing as a collaborative, goal-oriented method of client communication with particular attention to the language of change. It is intended to support the OHN in strengthening the client's personal motivation for, and commitment to, a target behavior change by eliciting and exploring an individual's own arguments for change. While not required, experience in coaching workers will be a plus for this course.

**Objectives:** Define and identify the key elements of the Brief Negotiation method. Demonstrate the use of Brief Negotiation with clients in various stages of readiness to change. Assess the impact of your counseling style on

motivating clients to make health behavior change. Create a plan to integrate elements of the Brief Negotiation method into your practice.

### **The Bodies of Others: Compassionate Cross-Culture Care (109)**

**Sara Schneider, PhD**

This workshop combines lecture, discussion, small-group work, journaling, and debriefing to help occupational health nurses (OHN) understand and work effectively with the lived experiences of their culturally diverse employees and their families. The workshop takes illness and disability not as simply objective facts, but as personal and cultural experiences. Using your own body-based and social intelligences, you will learn qualities of presence, non-verbal communication skills, and techniques of cultural inquiry that will allow you to make subtle, yet effective, connections with workers. As a result of the workshop, you will empathize more fully and more palpably with members of their culturally-varied constituencies, especially those facing serious illness in themselves or a family member. Applying specific tools for working with the embodied spiritual lives of those of faith traditions other than their own, you will better enable workers to feel cared for, understand the medical implications of their conditions, and partner with their providers to make sound healthcare decisions.

**Objectives:** Identify the relevant cultural factors that workers bring with them into the nursing encounter. Identify the features of their own cultural make-up that are active in provider-patient interactions. Identify nonverbal cues of those of different cultural backgrounds and interact effectively without words. Discuss questions about cultural matters appropriately. Cite the medical decision making of cultural others in the context of their spiritual beliefs.

### **Certified Professional Collector Training Course (CPCT)/Drug Alcohol (110)**

**Sherri Vogler, DATIA Trainer**

General industry consensus has determined the need for a program providing collection personnel with the training to become proficient in DOT and federal urine specimen collections for drug testing in the workplace. This course will aim to ensure that collections are performed in a professional and consistent manner, maintaining confidentiality for the donor and security, integrity, and control of the specimen. This course provides participants with sufficient resources and teaching tools so that they can develop a program and effectively train their collection personnel for DATIA certification. This course (along with the mock collections required to be completed before taking this course) meets the DOT requirements for collector qualification training and enables participants to serve as monitors of proficiency demonstrations for fellow collectors.

**Note:** Course Required Experience Level

This course is designed for experienced collectors and/or collection site supervisors. The course is not meant for individuals who have little or no experience in specimen collection procedures. Before taking DATIA's CPCT Training course, participants must first meet the following:

1. 100 completed collections or six months active participation in collection services.
2. Currently employed in a position with active participation in specimen collection services.
3. DOT Required Mock Collections MUST be done prior to the course.

**Objectives:** Demonstrate the ability to provide instruction and resource material to enable the trainer to develop and teach a collector training program that will deliver information to fellow company-employed collection personnel. Show proficiency in providing collection services according to industry regulations and standards that ensure the privacy, integrity, and security of the donor and the specimen.

# Preconference Sessions

## Morning Workshops

**Saturday, April 13 .....8 – 11:30 a.m.**

### Ergonomic Challenges and Solutions in a “Seasoned Workforce” (111)

**Diane DeGaetano, BSN, RN, COHN-S, FAAOHN**

This is an interactive workshop which focuses on the benefits and challenges of the aging workforce and the specific changes which occur with aging that affect ergonomics. You will gain an appreciation for both the issues faced by older workers and the benefits of hiring them. Using demonstrations of the senses, the point is brought home in an interactive module in which, vision, grip strength, tactile/mobility, and balance are tested. Options for solutions are discussed with the use of brief case studies.

Objectives: Identify benefits and challenges of the aging workforce. Identify four specific changes which occur with aging that affect ergonomics. Discuss solutions to these changes. Describe new ergonomic tools to assist the aging work population.

### Treasure Chest of Clinical Pearls, Occupational Health Nursing Gems, and Management Tips (112)

**Donna Ferriera, ANP, MS, COHN-S**

**April Teusch, RN, ACLS, TNCC**

This workshop is a collection of the best treasures in occupational health nursing. Experience has been tapped to showcase best practices, tips and tricks, and processes for high success. Innovative strategies for making tough clinical, management, and leadership decisions will be presented. Memory tricks, acronyms, sayings, and short stories will provide “never forget” pearls to recall important information. Topics include assessment, placement of restrictions, medical surveillance, DOT, presentation skills, management of people, and much more.

Objectives: List three innovative techniques to assess and treat injured/ill employees. Describe two unique challenges in occupational health nursing and their solutions. Discuss management strategies for successful leadership in occupational health. Collect, identify, and share pearls of wisdom from audience participants.

## Afternoon Workshops

**Saturday, April 13 ..... 1 – 4:30 p.m.**

### Patient Advocacy in the 21<sup>st</sup> Century: How to Maneuver Through the Maze (113)

**Grace Paranzino, EdD, RN, CHES, FAAOHN**

**Kathleen Golden McAndrew, ANP, COHN-S, FAAOHN, FAANP**

Our healthcare environment is complex and patients need an advocate—someone who can efficiently and effectively maintain communication as they navigate the healthcare system. Occupational health nurses (OHN) are strategically positioned to provide this information to clients. This workshop will address strategies to empower you and your workers with the tools to improve medical outcomes. This interactive workshop will arm you with the tools to speak on behalf of a client in order to protect their rights and assist them in obtaining needed information for healthcare services.

Objectives: Describe patient advocacy and the implications for OHNs. Discuss the challenges facing patients in the healthcare system and their expectations. Identify the gaps in the healthcare system. Discuss the goals for primary care. Discuss strategies to empower patients to medical/navigational assistance.

### eLearning: It’s a New Method for Training for CPR and First Aid (114)

**Deborah Haile, RN**

If you are a CPR instructor, this workshop will allow you to update your knowledge of the latest American Health Association eLearning, enabling you to teach the didactic portion of your CPR training online. You’ll have the opportunity to evaluate the flexibility of this software for your audience, so they can learn at their own pace, complete courses anytime and anywhere, and receive consistency with the delivery of course content. You’ll hear from the American Heart Association on how to deploy the software at your work location and how to integrate it in the practice and skills-testing for those taking CPR. In addition, you’ll see and hear the latest information on AEDs.

Objectives: Identify how the American Heart Association’s CPR and first aid eLearning programs can improve a student’s/worker’s retention. Discuss how to incorporate the American Heart Association’s eLearning programs into their existing CPR and first aid training program. List the latest tips on implementing a successful Automated External Defibrillator (AED) program. List information and updates for current and future American Heart Association Instructors.

## Comprehensive Courses, Day 2

**Sunday, April 14 .....8 a.m. – 4 p.m.**

### COHN/S Certification Exam Review (201) – 2½ days

**Annette Haag, MA, RN, COHN-S/CM, FAAOHN**

Following a comprehensive, take-home workbook/resource manual, you will spend 2½ days engaged in participatory lectures and activities that will provide you with a sound background for taking the American Board of Occupational Health Nurses (ABOHN) COHN or COHN-S examination. The course will cover the management of occupational health and safety programs, services, and staff; clinical care; environmental relationships; coaching; worker advocacy; and roles such as change agent, plus health protection, health promotion, health education and research implication for practice. To better prepare you for the certification exam, there will be written tests prior, during, and at the conclusion of the sessions. Note: Taking this course does not certify you. You must still sit for the exam.

Objectives: Discuss management roles, concepts, and principles in a business environment. Define the elements of occupational and environmental health nursing practice. Cite legally mandated health and safety programs. List legal issues and standards. Describe health and medical surveillance systems and programs. Explain the application of industrial hygiene, toxicology, epidemiology, ergonomics, and safety principles in a work environment. List the components of a disability management program. Describe health promotion, health coaching, and condition management program design. Discuss the implications of research for practice. Discuss collaborative relationships with management, professional OH partners, community providers/agencies, and employee assistance. Discuss test-taking techniques and strategies for preparing and studying for the COHN and COHN-S examination.

### Physical Assessment: Putting It All Together (202) – 2½ days

**Joan Rigdon, MN, RN, FNP-c, COHN-S**

**Susan Harada, MN, RN, FNP-c, COHN-S**

This course concentrates on physical assessment skills necessary in occupational health settings. It covers a thorough head-to-toe assessment as well as a thorough musculoskeletal assessment review. This is an intermediate course for nurses with some familiarity with physical assessment.

Objectives: List the elements of a head-to-toe physical exam. Demonstrate a short but comprehensive neuro exam. List “red flags” found in each anatomical area. Provide return demonstration for one chosen anatomical

# Preconference Sessions

area. Identify the components of a comprehensive musculoskeletal exam. Perform a sequential and focused musculoskeletal exam of anatomical areas: knee, back/hip, and upper extremity. Differentiate and apply appropriate testing based on physical findings (neurological and muscular testing).

## AAOHN Certificate in Occupational Health Nursing (203)

– 2½ days

**Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN**  
**Chad Rittle, DNP, MPH, BSN**  
**Kerri L. Rupe, ARNP, FNP-C, COHN-S, DNP, FAANP**  
**Deb Bush, RN, COHN-S/CM**  
**Tonya Grayson, LPN**

This course will partially satisfy the requirements for the new AAOHN Certificate in Occupational and Environmental Health Nursing. Other requirements include completion of the *AAOHN Core Curriculum Study Guide*, and certification in spirometry and respiratory fit testing, audiometry, ergonomics, and health coaching. This course will cover an introduction to occupational health nursing (OHN); terms and definitions; the scientific foundation of OHN; legal and ethical issues and regulations determining practice; worker populations; OH recordkeeping; business metrics; and developing, implementing, and evaluating a comprehensive OHS program. It is ideal for those who are new in occupational and environmental health, LPNs, or those who want an intense “brush-up.” Note: This is not an ABOHN certification exam review course.

Objectives: Recognize key terms and definitions in OHN. Describe the evolution of OHN and the theoretical and conceptual framework of the specialty. Define the sciences of epidemiology, industrial hygiene, ergonomics, toxicology, and safety in an OH environment. Name the legal and ethical issues that impact OHN programming, including OSHA, HIPPA, FMLA, ADA, safety management systems, etc. List worker populations encountered in today’s workplace and how their presence impacts OHN program planning. Describe how to gather metrics and create a business case for OH programming in today’s dynamic business environment. Discuss medical records, transference of electronic medical data, security, telemedicine, social media, and mobile health. Define terms: risk matrix, risk models, safety management systems, global considerations, sustainability, and social responsibility in the context of a comprehensive health and safety program.

## Industrial Office Ergonomics (204) – 2½ days

**Tim McGlothlin, MS, CPE**

This course is an introduction to ergonomic principles, and it addresses topics such as musculoskeletal disorders (MSDs), identifying and prioritizing ergonomic stressors, determining root causes, analysis techniques, developing appropriate control measures, and design criteria. The course prepares you to conduct ergonomics assessments for the control of risk factors that cause workplace musculoskeletal disorders (WMSDs). It mixes lecture and laboratory to allow you to apply techniques.

Objectives: Describe the basic elements of the client’s ergonomics process. Define ergonomics and why it is important. Define MSDs and give examples. List MSD symptoms and explain the importance of early reporting. Identify risk factors that contribute to WMSDs. Explain the importance of working in neutral postures and how it affects fatigue. Appropriately prioritize jobs based upon risk factors present, injury data, and interviews with employees/supervisors. Use the Rapid Upper Limb Assessment (RULA) evaluation tools to analyze jobs with ergonomic risk factors associated with the upper extremities. Use the NIOSH Lifting Guidelines and Manual Materials Handling Tables to analyze jobs with ergonomic risk factors associated with the low back. Use teams to develop appropriate intervention strategies for the reduction of WMSD risk factors. Assess the worksite and make basic recommendations.

## NIOSH-Approved Spirometry Training Course (205)

– 2 days

**Emily Wallace, BS, RN, COHN-S**  
**Kathy Dobler, BSN, RN, COHN-S**  
**Rebecca Moreland, PhD, MPH, BSN**

This course is approved by the National Institute for Occupational Safety and Health (NIOSH). It qualifies you to perform accurate pulmonary function tests and interpret test results in industrial and/or clinical settings. It provides the latest information about the current standards and recent developments in pulmonary function testing. While not difficult, there will be some math involved with calculations. This is an initial spirometry course, not a refresher. If you meet the criteria required by NIOSH you will receive a certificate of course completion valid for 5 years. Note: This class will accommodate 18 and is on a first-come, first-served basis.

Objectives: Indicate the purpose, objectives, and legal requirements of a respiratory surveillance program. Describe anatomy and physiology of the respiratory system and indications for spirometry. Discuss quality assurance measures and calibration checks. Discuss specific test parameters and their significance. Demonstrate subject preparation, education, coaching, and proper test procedures.

## Full Day Workshops

**Sunday, April 14 ..... 8 a.m. – 4 p.m.**

### CAOCH Refresher (206) – note time: 8 a.m. – 5 p.m.

**Cheryl Nadeau, MEd, FAAA**

This 8-hour workshop consists of a review of hearing conservation practices. CAOCH required subjects are taught: manual hearing testing, the STS and the Recordable STS, hearing protection skills and hearing conservation training. Upon completion, the student becomes certified for another 5 years.

Objectives: Discuss and practice according to updates in hearing conservation practices.

### Healthy Coaching (207)

**Colleen Miller, BS, RN, CSBC**

**Melinda Huffman, MSN, RN, CCNS, CHC**

Attend this National Society of Health Coaches (NSHC), Coach Clinic™, an interactive workshop, in which health coaching, education, and preparation for certification is provided. You will be actively engaged in self-assessments, material application, active role play, discussion, practice, and Q&A. You will use your own copy of the NSHC *Health Coaching* manual (included in workshop fee). This workshop does not certify you as a health coach, but rather prepares you to use the manual for self-study and examination for certification.

Objectives: Identify major differences between health coaching and traditional methods of health teaching. Examine the myth of non-compliance. Identify your own coaching style. Discuss one health coaching technique. Describe one way of integrating health coaching into your practice as an OHN.

### Advanced Workers’ Compensation and Disability Case Management (208)

**Denise Gillen-Algire, MBA, BSN, RN, COHN-S/CM, FAAOHN**

Medical and disability costs in workers’ compensation are among the primary targets of employers and insurance companies. Proactive case management can dramatically impact medical and disability outcomes. This workshop will focus on advanced case management strategies that distinguish the leaders in the industry. You will discuss industry best practices and the case management role in successful return to work programs.

# Preconference Sessions

Objectives: Define the principal components of case management best practices. Identify the essential elements of proactive case management engagement and communication to achieve results. Describe the case management factors that distinguish successful return to work programs.

## Safety Shorts—Broaden Your Safety Practice (209)

**Mary Gene Ryan, MPH, BSN, COHN-S/SM, FAAOHN**  
**Sarah Budde, MEd, RN, COHN-S, CSP**

This workshop is intended for those seeking a broader knowledge of safety practice. Specific requirements and practices of a respiratory protection program, including respirator fit test exercises and a practical addendum exercise, fire prevention and control systems, and risk assessment to include vulnerability, fire risk matrix and job hazard/safety analyses will be discussed and practiced.

Objectives: Discuss the broader aspects of safety practice. List concepts of respiratory protection, fire prevention and control systems, emergency management, and risk assessment. Demonstrate hazard assessment and prevention. Cite resources for safety assistance. Practice required respirator fit test steps and develop a Respiratory Protection Program addendum based on a provided scenario.

## Morning Workshops

**Sunday, April 14 ..... 8 – 11:30 a.m.**

### DOT Medical Examiner Training (210)

**Karen Heaton, PhD, CEN, FNP-BC**  
**Maynard Lamusao, NP**  
**Doug Hoffman, MSN, RN, COHN-S**  
**Kim Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN**

This certificate workshop meets the core curriculum requirements for medical examiner training, according to the Federal Motor Carrier Safety Administration (FMCSA). Upon satisfactory completion of this workshop those eligible to serve as examiners will be prepared to sit for the National Registry of Certified Medical Examiners (NRCME) certification examination. Content will follow the core curriculum with a focus on body systems. It will address the medical examiner's responsibility to teach or inform the driver about medications and the impact the medications may have on the safe operation of a commercial motor vehicle. It will address the use of the nursing process in performing the examinations and coaching techniques to better engage CMV drivers in safe highway practices.

Objectives: Demonstrate performing and documenting the medical history and examination, including additional diagnostic tests. Describe FMCSA reporting and documentation requirements. Define ways of educating, informing, coaching, and referring drivers about prescription and over-the-counter medications, non-disqualifying conditions that may need care, safe driving...and other areas.

### Core Competencies for the Occupational Health Nurse Practitioner (211)

**Arlene Guzik, DNP, ARNP-BC, COHN-S, FAAOHN**

This workshop will review the core competencies required for NPs practicing in the occupational health arena. The workshop will cover aspects related to clinical, regulatory, and professional dimensions of the specialty. NPs working in both on-site and community-based clinics will find this a helpful asset to enhance their clinical and business value.

Objectives: Discuss the core competencies required for NPs practicing in the specialty of occupational health. Discuss the clinical, regulatory, and professional dimensions of the specialty of occupational health. Develop strategies for professional growth and expertise in the specialty.

### Delivering Value on a Global Scale: The Six Critical Domains of a Globally Integrated Occupational Health Organization (212)

**Euzelia Hunter, MPH, RN, COHN-S/CM, FAAOHN**  
**Beverly David, MHA/MBA, RN, COHN-S/CM**

One company's case study will demonstrate how globalization, integrated information technologies and new market opportunities drove their occupational health organization to align with their company's global business strategies in order to continue to deliver value. The presenters will discuss how the shift to global integration, along with an ever-globalized and flattening world, meant a profound shift and outlook that altered the ways in which their occupational health professionals and organizations operated. If your corporation is deploying global integration strategies to leverage assets and human capital allowing them to conduct business efficiently and effectively on a global scale, you will want to attend this workshop to better prepare yourself to create high quality occupational health solutions and services, which translate into a unified and integrated approach to employee well-being, health, and safety wherever they conduct business globally.

Objectives: Define the attributes of a highly adaptable, globally integrated organization. Describe each critical domain and how it supports the formation and deployment of a globally integrated occupational health organization. Identify lessons learned and best practices. Define the role of the occupational health professional in the design of a globally integrated occupational health organization.

## Afternoon Workshops

**Sunday, April 14 ..... 1 – 4:30 p.m.**

### Medical Certification of Commercial Motor Vehicle Drivers: A FMCSA Regulatory Update (213)

**Angela Ward, MS, BSN, RN, COHN-S**

The Federal Motor Carrier Safety Administration is focused on reducing crashes, injuries, and fatalities involving large trucks and buses. Commercial motor vehicle (CMV) drivers are required to complete a medical examination and be medically certified to operate a CMV. 49 CFR 391.41-49 specifies the training and testing requirement for the medical professionals who conduct driver physical examinations and establishes the National Registry program. This workshop describes the CMV driver examination, training for FMCSA's medical examiners, the test required to qualify as a medical examiner and be listed in the online registry, and how to maintain and demonstrate competence through periodic training and testing. This workshop does not qualify you to sit for the medical examiner certification exam.

Objectives: Discuss medical certification requirements for CMV drivers. List the difference between the actual regulations and guidance. Describe the National Registry for Certified Medical Examiners.

### Pharmacology for Prescribers: Hot Drugs for Nurse Practitioners (NP) (214)

**Stephen Eckels, PharmD**

This workshop is designed for the NP who will have the opportunity to learn the latest evidence-based pharmaco-therapeutics, their indications for prescribing and how they will affect the worker. The workshop awards 3 continuing education units toward satisfaction of NP's annual pharmacy requirements.

Objectives: Identify the leading-edge evidence-based pharmaceutical interventions that may be applicable for their workers. Define the interactions of some of the latest drugs with other drugs, foods, conditions, such as pregnancy and chronic conditions, etc. Determine the implications of these "hot drugs" on the ability of workers to do specific jobs, e.g., drive a commercial vehicle or fork lift.

# Preconference Sessions

## Marketing, Communication, and the Occupational Health Nurse (215)

**Frank H. Leone, MBA, MPH**

This workshop is intended for occupational health nurses in any setting, whether they are based in industry, work for or within a healthcare organization, or are self-employed. The workshop will provide you with a host of pragmatic strategies and tactics for moving your services to the marketplace. Articulating service value, developing and defining “win-win” relationships, learning advanced oral and written communications skills, and marketing services through multiple modern technologies will be addressed.

**Objectives:** Define the value for a broad range of occupational health services and their core messages. Discuss the use of modern marketing techniques, such as social media and branding, to the delivery of services to relevant constituencies. Discuss how to prepare and deliver more effective presentations to individuals and groups. Develop an action-oriented marketing plan applicable to any type of occupational health service setting.

## Comprehensive Courses, Half Day

**Monday, April 15 .....8 – 11:30 a.m.**

### COHN/S Certification Exam Review (301)

**Annette Haag, MA, RN, COHN-S/CM, FFAOHN**

Following a comprehensive, take-home workbook/resource manual, you will spend 2½ days engaged in participatory lectures and activities that will provide you with a sound background for taking the American Board of Occupational Health Nurses (ABOHN) COHN or COHN-S examination. The course will cover the management of occupational health and safety programs, services, and staff; clinical care; environmental relationships; coaching; worker advocacy; and roles such as change agent, plus health protection, health promotion, health education and research implication for practice. To better prepare you for the certification exam, there will be written tests prior, during, and at the conclusion of the sessions. Note: Taking this course does not certify you. You must still sit for the exam.

**Objectives:** Discuss management roles, concepts, and principles in a business environment. Define the elements of occupational and environmental health nursing practice. Cite legally mandated health and safety programs. List legal issues and standards. Describe health and medical surveillance systems and programs. Explain the application of industrial hygiene, toxicology, epidemiology, ergonomics, and safety principles in a work environment. List the components of a disability management program. Describe health promotion, health coaching, and condition management program design. Discuss the implications of research for practice. Discuss collaborative relationships with management, professional OH partners, community providers/agencies, and employee assistance. Discuss test-taking techniques and strategies for preparing and studying for the COHN and COHN-S examination.

### Physical Assessment: Putting It All Together (302)

**Joan Rigdon, MN, RN, FNP-c, COHN-S**

**Susan Harada, MN, RN, FNP-c, COHN-S**

This course concentrates on physical assessment skills necessary in occupational health settings. It covers a thorough head-to-toe assessment as well as a thorough musculoskeletal assessment review. This is an intermediate course for nurses with some familiarity with physical assessment.

**Objectives:** List the elements of a head-to-toe physical exam. Demonstrate a short but comprehensive neuro exam. List “red flags” found in each

anatomical area. Provide return demonstration for one chosen anatomical area. Identify the components of a comprehensive musculoskeletal exam. Perform a sequential and focused musculoskeletal exam of anatomical areas: knee, back/hip, and upper extremity. Differentiate and apply appropriate testing based on physical findings (neurological and muscular testing).

### AAOHN Certificate in Occupational Health Nursing (303)

**Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FFAOHN**

**Chad Rittle, DNP, MPH, BSN**

**Kerri L. Rupe, ARNP, FNP-C, COHN-S, DNP, FAANP**

**Deb Bush, RN, COHN-S/CM**

**Tonya Grayson, LPN**

This course will partially satisfy the requirements for the new AAOHN Certificate in Occupational and Environmental Health Nursing. Other requirements include completion of the *AAOHN Core Curriculum Study Guide*, and certification in spirometry and respiratory fit testing, audiometry, ergonomics, and health coaching. This course will cover an introduction to occupational health nursing (OHN); terms and definitions; the scientific foundation of OHN; legal and ethical issues and regulations determining practice; worker populations; OH recordkeeping; business metrics; and developing, implementing, and evaluating a comprehensive OHS program. It is ideal for those who are new in occupational and environmental health, LPNs, or those who want an intense “brush-up.” Note: This is not an ABOHN certification exam review course.

**Objectives:** Recognize key terms and definitions in OHN. Describe the evolution of OHN and the theoretical and conceptual framework of the specialty. Define the sciences of epidemiology, industrial hygiene, ergonomics, toxicology, and safety in an OH environment. Name the legal and ethical issues that impact OHN programming, including OSHA, HIPPA, FMLA, ADAA, safety management systems, etc. List worker populations encountered in today’s workplace and how their presence impacts OHN program planning. Describe how to gather metrics and create a business case for OH programming in today’s dynamic business environment. Discuss medical records, transference of electronic medical data, security, telemedicine, social media, and mobile health. Define terms: risk matrix, risk models, safety management systems, global considerations, sustainability, and social responsibility in the context of a comprehensive health and safety program.

### Industrial Office Ergonomics (304)

**Tim McGlothlin, MS, CPE**

This course is an introduction to ergonomic principles, and it addresses topics such as musculoskeletal disorders (MSDs), identifying and prioritizing ergonomic stressors, determining root causes, analysis techniques, developing appropriate control measures, and design criteria. The course prepares you to conduct ergonomics assessments for the control of risk factors that cause workplace musculoskeletal disorders (WMSDs). It mixes lecture and laboratory to allow you to apply techniques.

**Objectives:** Describe the basic elements of the client’s ergonomics process. Define ergonomics and why it is important. Define MSDs and give examples. List MSD symptoms and explain the importance of early reporting. Identify risk factors that contribute to WMSDs. Explain the importance of working in neutral postures and how it affects fatigue. Appropriately prioritize jobs based upon risk factors present, injury data, and interviews with employees/supervisors. Use the Rapid Upper Limb Assessment (RULA) evaluation tools to analyze jobs with ergonomic risk factors associated with the upper extremities. Use the NIOSH Lifting Guidelines and Manual Materials Handling Tables to analyze jobs with ergonomic risk factors associated with the low back. Use teams to develop appropriate intervention strategies for the reduction of WMSD risk factors. Assess the worksite and make basic recommendations.

# Preconference Sessions

## Morning Workshops

**Monday, April 15 .....8 – 11:30 a.m.**

### Respirator Selection, Fitting, and Care (305)

**J. Pat Curran, CIH**

This is the workshop for the OHN who manages the respiratory protection program for their employer. In this hands-on workshop, you will be able to handle multiple respirators and learn the difference in their application, how to take them apart, replace parts, clean and inspect them.

Objectives: Discuss how to select the appropriate respirator, based on the work situation and worker's fitness. Recognize the difference between a surgical mask and an N95 respirator. Indicate proven techniques for educating workers about wearing respirators. Demonstrate how to fit employees with the correct respirator. Describe how to inspect, clean, and repair respirators.

### I'm an OHN Now. So What Do I DO???—Basic Occupational Health Nursing (306)

**Jeannie Hanna, MSN, RN, COHN-S, FAAOHN**

**Debbie Bush, RN, COHN-S/CM**

Where do I begin? Nurses who are new to occupational health nursing often ask this question. Knowledge of the fundamentals of occupational health nursing is central for ensuring a new practitioner in occupational health does not feel overwhelmed and lost in this specialty. This workshop assists the occupational health nurse relatively new to the field to understand basic terminology, to learn about the roles of the OHN and the phases of conducting an occupational health assessment. Experienced practitioners may find this workshop a review in the fundamentals.

Objectives: Explain basic terminology specific to occupational health nursing. Describe the role of occupational health to the nurse new to the field. Describe the three phases of conducting an occupational health assessment.

### Use of Complexity Management—Making Every OHN a Manager and Leader (307)

**Yolanda Lang, Dr.PH, MSN, CRNP, COHN, FAAOHN**

Complexity science is built on thinking about a biological model being non-linear and adaptable to a changing environment. Complexity management focuses on the pattern and relationships around the parts in order to understand and act on the unpredictable aspects of working with people in a dynamic organization. This workshop will examine the complexity management style as well as Edgeware's Nine Organizational and Leadership Principles and how the theory and principles "fit" the occupational health environment. The presented material, with the case studies and your participation, will demonstrate how the complexity management theory is not only easily adaptable to the occupational health (OH) environment but is a requirement for the OH department to operate smoothly and grow.

Objectives: Describe/discuss complexity theory of management. State/discuss Edgeware's Nine Organizational and Leadership Principles. Identify "messages" about complexity and leadership. Identify multiple, nested, and interconnected building blocks and obstacles within OH when implementing complexity management.

### Leading Into the Future: Occupational Health Nurses Guiding Social Media Integration (308)

**Kim Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN**

**Debra M. Wolf, PhD, MSN, BSN, RN**

The future is here today! The advancement of Web 2.0 in supporting Health 2.0 is creating a virtual world where individuals are communicating through

a variety of social media platforms to share, transfer, or obtain information about one's health or health needs. In 2011, statistical data reflects 78% of the U.S. population is currently using the internet, 80% are looking online for health information, and 85% of businesses are using social media for marketing purposes. Key to this movement is the type of mobile devices adults are using to access information: 88% use cell phones, 57% use laptops, 19% use eBooks, and 19% use tablets. This workshop will assist the occupational health nurse to understand the various tools one can use to integrate social media in their current role to support a healthier way of living. Information will be presented on defining social media, electronic mobile devices used to support the use of social media, and tools to assess networking sites as creditable resources.

Objectives: Discuss social media and the various tools used to share information virtually. Explore how innovative technology supports social media in promoting healthy behavior, lifestyle, and work performance. Discuss integration of social media tools in the occupational health setting to promote healthier behavior, lifestyle, and work performance. Identify opportunities for use of social media integration in the American Association of Occupational Health Nurses chapter leadership.

### Writing for Publication: From Pen to Press (309)

**Deb Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN**

**Pam Moore, EdD, MPH, RN, FAAOHN**

Have an idea you'd like to share with other occupational health nurses? Implemented an idea other nurses could use to improve employee health or affect the bottom line? This workshop outlines the process of publishing, including developing the idea, researching content, organizing the article, writing with clarity, editing by self and peers, submitting the article, responding to criticism, and celebrating the published article. Bring your ideas and a sample of your writing to share or just come to listen and network. The editor of the *AAOHN Journal* will also be available to offer insights into publishing in our association's journal.

Objectives: Describe the process of producing a finished manuscript. Identify the responsibilities of the author in the publishing process. Discuss the role of the journal editor when publishing a manuscript. Describe the process of producing a finished manuscript. Identify the responsibilities of the author in the publishing process.

### Demonstrating Cost Containment—The OHN and Case Management Role (310)

**Beth Thomas, PhD, RN, ANP-BC, COHN-S, CNL**

**Dawn Stone, PhD(c), RN, ANP, COHN-S**

In today's competitive corporate environment, being able to demonstrate your ability to provide cost containment in your company's Workers' Compensation and case/disability management program is one of the most significant contributions you can make. Healthcare and Workers' Compensation costs continue to increase and, without this expertise, companies will lose their competitive edge, and profits go to treatment rather than new product development. This workshop offers practical information on the role of the OHN and case manager in cost containment, including how to use your Workers' Compensation Loss Run and other available Workers' Compensation and disability management tools to demonstrate cost containment effectively.

Objectives: Identify the role of the Occupational Health Nurse and/or Case Manager in Workers' Compensation and disability cost containment. Describe key Workers' Compensation and disability cost containment strategies. Discuss selected tools available to measure return-on-investment of health, safety, and disability/case management programs. Deconstruct the hidden costs of loss in Workers' Compensation and disability. Identify programmatic elements that need to be in place to effectively control Workers' Compensation and disability costs.

# Preconference Sessions

## Using Persuasion to Achieve Your Goals—How to Succeed (311)

**Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN**  
**Grace Paranzino, EdD, RN, CHES, FAAOHN**

Many of us have great ideas to share but face challenges when we cannot express them effectively. We face obstacles each day, likely as a result of ineffectively presenting the case for a proposed solution to a problem/initiative. This workshop will discuss organizational culture and market rewards, strategies to remove barriers, and stages of negotiations. You can use the presented framework from this workshop to enhance both your personal and professional lives utilizing persuasion to successfully deliver and maintain relationships.

Objectives: Identify two examples of the use of persuasion in the workplace. Define organizational culture and how to fit your persuasion to it. List two strategies to remove barriers. Name two steps in successful negotiation.

## Special Offering

**Monday, April 15.....8 – 11:30 a.m.**

### Site Safety Tour (312)

**Mary Gene Ryan, MPH, BSN, COHN-S/SM, FAAOHN**  
**Sarah Budde, MEd, RN, COHN-S, CSP**

The Site Safety Tour will provide occupational health nurses (OHN) with an opportunity to tour a job site, assess job tasks for safety, and determine exposure control measures along with assigning risk. You will be provided with a Site Tour Safety Assessment form to be completed throughout the tour and to discuss findings post-tour. Prerequisite is the preconference workshop “Safety Shorts—Broaden Your Safety Practice” (209) or extensive background experience in completing Job Health Assessments (JHA)/Job Safety Assessments (JSA) with risk assessment classification. All participants will meet no later than 7:30 a.m. for pre-tour briefing. Tour will be approximately two hours with one hour to complete Site Tour Safety Assessment forms and discuss findings and recommendations.

Objectives: Complete JHA/JSA Risk Assessments for three job tasks observed.

# Conference Sessions

## Opening Session

**Monday, April 15..... 2 – 3 p.m.**

### The Fully-Engaged Occupational and Environmental Health Nurse (313)

**Jack L. Groppel, PhD**

Objectives: Discuss and apply energy management principles to one’s life, professionally and personally. Discuss and apply the change process of storytelling to one’s life so adaptation to health, life challenges, and personal mission can be more easily managed.

## Practice Exchange

**Monday, April 15..... 3:15 – 4:15 p.m.**

Case Management (314)	Health/Wellness (319)
Consulting (315)	Hospital (320)
Corporate (316)	Nurse Practitioner/Clinical (321)
Educator (317)	Safety/Environmental (322)
Government/Military (318)	LPN (321)

## Plenary Session

**Monday, April 15..... 4:30 – 5:30 p.m.**

### 30+ Years of National Involvement: Ten Lessons for Occupational Health Nurses (325)

**Frank H. Leone, MBA, MPH**

## Keynote

**Tuesday, April 16.....8 – 9 a.m.**

### Enhancing the Health and Well-Being of Patients at Each Stage of Change (324)

**James O. Prochaska, PhD**

Applying the Transtheoretical Model to patients at each stage of change can produce unprecedented impacts on reducing multiple risk behaviors and enhancing multiple domains of well-being. Recent breakthroughs have produced high impact approaches with relatively low demands on patients and occupational and environmental health nurses.

## Concurrent Session 1

**Tuesday, April 16.....9:15 – 10:45 a.m.**

### OSHA in Healthcare: Do We Have Their Attention? (400)

Track: Safety/Environmental & Regulation/Compliance

**Scott Harris, PhD, MSPH**

This session delivers all of the latest state and fed-OSHA stats, inspection findings, hot topics and goings-on at OSHA related to healthcare. “A weak culture of worker safety” in health care appears to have finally succeeded in getting OSHA’s attention because of the millions of healthcare-associated infections and fatalities that occur each year and impact both worker and patient safety. Currently comments on an infection control Request for Information are under review, and the 2012 targeted inspection and Regional and National Emphasis programs may generate thousands of additional inspections focused on nursing, residential, and ambulatory care facilities. Since hospitals cannot be far behind, the occupational health nurse needs to be prepared for them.

Objectives: Describe the facts behind debunked healthcare OSHA myths. Relate OSHA inspection priorities to conditions within health care that have led to OSHA scrutiny. Summarize historical OSHA activity within health care. Discuss implications of OSHA and healthcare disconnects.

### Driving Value and Enhancing Performance; Leveraging Medical Management Effectively in Workers’ Compensation Programs (401)

Track: Disability/Case Management

**Denise Gillen-Algire, MBA, BSN, RN, COHN-S/CM, FAAOHN**

Over the last decade, employers and insurers have seen a defined shift in overall workers’ compensation costs, with medical being the predominate. Vendors and insurers responded with a plethora of medical management cost containment strategies. The question is, do the strategies drive value? This session will present how to identify workers’ compensation medical management strategies that impact outcomes and how to measure success. It includes an overview of performance metric systems and the importance in identifying and executing successful workers’ compensation medical management programs, and will include a sample graph that can be used in your businesses.



# Conference Sessions

Objectives: List the foundational elements of performance metrics. Define key medical management impact points in the workers' compensation claim life cycle. Identify optimal medical management resource utilization. Discuss how to conceptually measure medical management performance.

## 20 Characteristics of Successful Worksite Wellness Programs (402)

Track: Health Promotion/Wellness

**Don Powell, PhD**

This session will describe a best practice approach that organizations can use to implement successful wellness programs by addressing: 1) issues many organizations face when creating a new wellness program or improving an existing one, 2) how comprehensive a wellness program should be, 3) how wellness program managers can gain management support and participation, and 4) how a company can keep its wellness program current. A variety of program options will be discussed based upon the employer's specific needs, including self care, behavior modification/lifestyle change, mental health, generic drug utilization, health coaching, and creating an organizational culture of health. Finally, this session will offer concrete tips and strategies for maximizing ROI and employee participation, involving dependents, offering programs with immediate benefits, addressing low and high risk employees, high tech versus high touch interventions, psychosocial issues, legal implications, evaluation, and other issues that affect the success of every wellness program.

Objectives: Discuss what wellness program topics to offer. Explain how to market a wellness program to maximize participation. Describe how to evaluate the effectiveness of a worksite wellness program.

## Exposure History Taking: If You Don't Ask, You Don't Know! (403)

Track: Clinical Practice

**Grace Paranzino, EdD, RN, CHES, FAAOHN**

This session will provide the rationale, structure, and process for assessing the exposure histories of clients. You will receive an ATSDR pocket guide for environmental history taking. Occupational health nurses are at the front line of client care and are positioned to retrieve this information from clients, who traditionally view nurses as trusted professionals in the workplace. This session demonstrates how the exposure history provides opportunities for client teaching regarding the modification or implementation of administrative policies and procedures, engineering controls, work practices, and personal protective equipment. Once exposures are identified, the nurse can begin to formulate a plan to reduce or eliminate exposure.

Objectives: Describe three key components of an exposure history. Discuss challenges associated with common exposure histories. Discuss the rationale for eliciting an exposure history. Describe the recognition of hazards. Identify resources for obtaining more information about the nature of occupational and environmental hazards.

## Advancing Evidence-Based Practice in the Workplace (404)

Track: Nurse Practitioner

**Mary Lou Cook, PhD, RN**

**Bernadette Hodge, MLS, MS, RN**

**John Cook, PhD, MBA**

This session will focus on three areas: 1) clarification of the definition and a discussion of evidence-based practice (EBP) and how it can effectively be incorporated into workplace settings, 2) examination of workplace culture and how the occupational health nurse (OHN) can facilitate EBP, and 3) presentation of an actual example of EBP in a workplace setting, using a skin cancer screening case study. Since the 1980s, awareness and acceptance of

EBP as a way for nurses to provide optimal care has accelerated, but the rate of adaptation in care settings can be slow. With knowledge and support from this class, your utilization of EBP in the workplace can result in improved health outcomes.

Objectives: Discuss incorporation of EBP for the occupational health setting. Determine three features of organizational culture that impact use of EBP. Identify one application of EBP in the learner's own setting.

## Next Steps After the 70<sup>th</sup> Anniversary: Challenges in Moving Forward With 21<sup>st</sup> Century Occupational and Environmental Health Nursing (OHN) (405)

Track: Thought Leadership

**Bonnie Rogers, DrPH, COHN-S, FAAN**

**Marjorie McCullagh, PhD, RN**

**Barbara J. Burgel, PhD, RN, COHN-S, FAAN**

Join some of the authors of the 70<sup>th</sup> anniversary issues of *Workplace Health & Safety* for dialog as they take their topics to the next level with futuristic thoughts and challenges. Engage with the authors to provide your thoughts and viewpoints about the future of occupational and environmental health nursing.

Objectives: List futuristic challenges in occupational health nursing in clinical practice and direct care. Discuss academic and education and continuing education of the specialty. Identify the various standards, regulations, and guidelines that apply to the delivery of occupational health nursing in a practice setting. Discuss worker advocacy and the delivery of ethical health care.

## Concurrent Session 2

Tuesday, April 16.....11 a.m. – 12:30 p.m.

## Eyes, Ears, Nose, and Throat—A Review for the Occupational Health Nurse (OHN) (406)

Track: Clinical Practice

**Steven Marks, MSN, RN, APN-C, COHN-S**

This session will give you the tools to provide premier care for workers with eye, ear, nose, and throat problems that cause a great deal of worker lost time and worsening of disease and disability if not adequately or appropriately treated. Since the occupational health nurse is perfectly poised to identify, treat, and/or refer such conditions, this is a must-take course.

Objectives: Describe clinical presentations of common eye, ear, nose and throat conditions. Identify treatment and prevention methods. Discuss strategies and guidelines that promote return to work.

## Hearing Protection (407)

Track: Safety/Environmental

**Pegeen Smith, MS, RN, COHN-S**

This session will focus on the reasons why hearing protector fit-testing can be an important aspect of any hearing conservation program. It will include an overview of available fit-testing systems and efforts to standardize them. Compelling data gathered by one such system will be shared. From this session, you will have access to information that will allow you to tell if your employees 1) are wearing their hearing protectors properly, 2) receiving enough protection, 3) have an appropriate hearing protector for their job and their anatomy, and 4) are trained effectively. And lastly, you will play the popular "Name That PAR Value" game show!

Objectives: Explain that the NRR for hearing protectors and de-rating schemes are poor predictors of individual protection. Describe the various types of available fit-testing systems. Discuss the benefits of fit-testing hearing protectors.

# Conference Sessions

## Leading With Flexible Thinking and Creativity (408)

Track: Thought Leadership

**Diane Mairone, PhD**

During this interactive session, you will have the opportunity to find clarity around your leadership challenges in the context of investigating creative behaviors that can help generate and grow new ideas for how you and your staff practice.

Objectives: Identify brain states that allow the ability to think differently. List the techniques that help to clarify challenges. Explain creative thinking behaviors. List ways to capture ideas and help them survive and thrive.

## Respiratory Protection—Implementation of a Medical Program Using Technology (409)

Track: Safety/Environmental & Regulatory/Compliance

**Joanne O'Brien, MPH, RN**

This session uses the case study of how the City of Los Angeles Medical Services Division (MSD), which cares for approximately 15,000 city employees, developed and used technology to implement the OSHA Respiratory Standard 1940.134 and the Cal OSHA Aerosol Transmissible Disease Standard (ATD). The goal of these standards is to protect healthcare workers and public safety personnel from airborne disease that can cause cancer, lung impairment, other diseases, or death. The presenters will share their assessment process that involved the fire and police departments, the development of an online respiratory questionnaire, and its implementation at a minimal cost.

Objectives: List three aerosol transmitted diseases. Identify four components of OSHA's Respiratory Standard 1940.134 program. Describe the steps of implementation of a computerized medical questionnaire.

## Safety and Prevention—Key Components for a Strong Return To Work (RTW) Program (410)

Track: Disability/Case Management

**Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FFAOHN**

Work related injuries are very costly to any organization—especially during the healthcare crisis we face today. To combat this, many businesses are establishing an aggressive RTW program and finding challenges. This session focuses on safety and prevention as ways to identify these challenges up front and take a pro-active approach in prevention for your respective employee population.

Objectives: Name three clinical tools to enhance your RTW Program. Define a Physical Demand Analysis. Describe the importance of aggressive case management utilizing RTW Management.

## Take a Stand Against Sitting—Workday Solutions for the Occupational Hazard of the Office Chair (411)

Track: Health Promotion/Wellness

**Jeannie Hanna, MSN, RN, COHN-S, FFAOHN**

**Allison Kleinfelter, MS, RN**

Recent research indicates prolonged sitting at work raises mortality risks despite routine exercise. Occupational sitting has become a behavioral risk factor for chronic disease as most employees spend nine hours a day or more at work. This session will review the summary of research on the health impacts of occupational sitting followed by a practical application of a work day intervention to decrease daily sitting time. You will learn about the measures used to evaluate the intervention, the outcomes, and plans to expand the program.

Objectives: Describe emerging research on the health impacts of the sedentary workday. Review a practical application of implementing sit-to-stand desks in the workplace and resulting health outcomes.

## Concurrent Session 3

Tuesday, April 16..... 1:30 – 3 p.m.

## Building an Effective Global Partnership: Our Story (412)

Track: Clinical Practice/Global/Travel Nursing

**Patrick Deroose, RN**

**Glenn Morrison, MS, CIH**

**Dottie Robinson, BSN, RN, COHN-S/CM**

In today's global business environment, many organizations have employees working abroad as international assignees or business travelers. In this case study, IBM and a vendor will share how they have partnered to safeguard the well-being of employees, maintain a safe and healthy work environment, and promote business continuity on a local and global level. IBM will discuss how its Tiered Support System helps the company meet organizational needs by aligning capabilities and resources to support effective business continuity. It will share best practices for educating travelers on how to effectively engage with this support network. Speakers will use real world anecdotes to explore the important role prevention and planning play in keeping a global workforce healthy, safe, and secure.

Objectives: Explore how to keep a globally-mobile workforce healthy, safe, and secure. Discuss how you can implement a partnership with an external vendor on a global and local level to support global workers. Discuss how travelers/expatriates meet their responsibilities at IBM. Discuss a case study involving the death of an employee.

## Expecting, Achieving, and Demonstrating Excellence (413)

Track: Clinical Practice/Nurse Practitioner

**Arlene Guzik, DNP, ARNP-BC, COHN-S, FFAOHN**

In today's occupational health environment, measures of quality and value are becoming more important to preserve the integrity and significance of the occupational health nurse's (OHN) role as both registered nurse and advanced practice nurse. Business leaders expect a return on investment that is evident to the productivity and profitability of the company. This session will help you establish program excellence in both compliance and clinical realms. It will identify the data needed to exemplify solid operations and consistency of delivery of service across all business entities. Whether you are employed by the business or are outsourced staff, you will learn how to answer whether your ultimate product/service meets the needs of all business stakeholders and gain confidence that you have the additional knowledge to provide assurances to your management.

Objectives: Discuss the importance of quality health care and its impact on corporate health cost control. List the expected service outcomes of a quality occupational health clinic. Define specific service measures for various occupational health service providers.

## Occupational Health Nurse of the Future: The Great Communicator and Expert Change Agent (414)

Track: Management/Business

**Toni McKenna, DNSc, RN**

With all of the changes occurring in health care and specifically occupational health programs today and in the future, occupational health nurses need to be excellent communicators and expert change agents. These are critical leadership skills that can assist occupational health nurses with supporting necessary changes and helping their teams and organizations to achieve their safety and wellness goals. In the discussion of communication, the importance and role of verbal and non-verbal communication as well as intentional listening skills will be explored. The common communication styles will be identified and strategies for more effective communication will

# Conference Sessions

be highlighted. The focus on change management skills will include discussion of the reality of change and how to effectively deal with expected reactions to change. Strategies for leaders to utilize to assure successful changes will be a key component of this session.

Objectives: Describe the key skills of great communicators. Discuss strategies for improving communication skills. Discuss the importance of excellent communication skills to occupational health nurses.

## Finally, Multi-Disciplinary Safety Patient Handling National Standards (415)

Track: Hospital/Healthcare

**Suzy Harrington, DNP, RN, MCHES**

The American Nurses Association (ANA) continues to have a strong presence and concern in protecting the safety of the healthcare worker and the patient, particularly in the area of musculoskeletal injuries and falls. The Handle with Care program was an ANA recognition program that identified nine target areas for appropriate safe patient handling and mobility. More recently, the ANA has collaboratively developed multi-disciplinary national safe patient handling standards to protect the healthcare provider and the patient in a variety of disciplines and healthcare settings. This session will introduce these standards, then review the purpose and content of the standards, and will engage you in addressing possibilities and overcoming barriers in getting the standards implemented within your work setting.

Objectives: Discuss the history of and the need for safe patient handling standards. Describe the SPH national standards. Describe how to actively engage in SPH standard implementation and national standards.

## ABOHN Certification: Learning How to Write Items (416)

Track: Career/Professional Development

**Margaret Manuszak, MS, RN, COHN-S/CM, FAAOHN**

**Ann Lachat, BSN, COHN-S/CM, FAAOHN**

This session will offer benefits to nurses interested in learning more about the American Board of Occupational Health Nurses (ABOHN) certification examinations, as well as those nurses who are already certified. ABOHN continues to develop certified nurses through their involvement with item writing for the COHN, COHN-S, and CM examinations. The session will give nurses a clear understanding of the certification processes from item development, exam preparation with resources for study that include the blueprints for each examination.

Objectives: Define steps in item writing used to develop credentialing examinations. Describe purpose of blueprints for each examination. Define the role of certification as a professional development tool for the OHN.

## Prepared for Today—Ready for Tomorrow (417)

Track: Safety/Environment

**Pamela Ward, MA, BS, RN**

During this session, the four key phases of emergency/disaster management that comprehensively describe and define the organization's response to emergencies will be discussed: mitigation, preparedness, response, and recovery. Examples of man-made and natural disasters will be addressed because predictions cannot be made as to whether they will occur within the organization, community or immediate boundaries. Organizations have to be prepared for "all hazards." This session will describe and demonstrate how to create and test a feasible and workable emergency operations plan that is as simple as telling a story of what to do, when to react, how to respond, who does what duties, where and when to report and why... to be Prepared for Today and Ready for Tomorrow.

Objectives: Discuss and describe "all hazards" when designing and developing an emergency operations plan. Identify the hazards that an individual facility or organization may encounter whether the incident is man-made or natural. Design, develop, and conduct exercises/drills to test, stress, and evaluate the emergency plan, using an interactive mini "Table Top Exercise."

## Catherine Dempsey Lecture

Wednesday, April 17 ..... 11 a.m. – 12 p.m.

### Future of Nursing Campaign for Action (500)

**Debra Toney, PhD, RN, FAAN**

In order for our nation to adequately address the challenges facing our healthcare system the challenges facing the nursing profession must be addressed. It has been three years since the Institute of Medicine released the landmark report, *The Future of Nursing: Leading Change Advancing Health*, that outlines a blueprint for transforming the nursing profession to enhance the quality and value of U.S. health care in ways that meet future needs of diverse populations.

Objectives: Discuss the elements of the Initiative on the Future of Nursing. Discuss the purpose of the Action Coalitions. Identify ways occupational health nurses can be involved in the campaign.

## Concurrent Session 4

Wednesday, April 17 ..... 1 – 2:30 p.m.

### Healthy People 2020: A Comprehensive Review of the Occupational Safety and Health Objectives (501)

Track: Health Promotion/Wellness

**Kimberly Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN**

**Carol I. Parks, BSN, RN, COHN-S/CM, FAAOHN**

**Noreen E. Chikotas, DEd, MSN, CRNP**

A program of the U.S. Department of Health and Human Services, Healthy People 2020 is a science-based ten-year program aimed at improving the health of all Americans. This session will discuss the foundational categories that are linked to overarching goals, the ten objectives related to occupational safety and health and corresponding measures for progress within the Healthy People 2020 initiative. This session will review the occupational safety and health objectives, and provide practical suggestions and tools for implementation within the workplace in order to reach the Healthy People 2020 goals.

Objectives: Describe the background, history, and development of the Healthy People 2020. Explain the Healthy People 2020 occupational safety and health objectives. Discuss the various tools available to the occupational health nurse to achieve goal attainment of the occupational safety and health objectives.

### Emerging Trends in the Adoption of Treatment Guidelines for Workers' Compensation Cases at the State Level: Has the Fox Been Left to Guard the Hen House? (502)

Track: Disability/Case Management

**Phil LeFevre, BA, C-ODGT**

Many states have already or are considering adopting medical treatment guidelines for workers' compensation. In some cases, the fox has been left to guard the hen house, and the concept of guidelines is getting flipped on its head by powerful interests in the medical community, including device manufacturers. In this session, you will inspect the recent actions taken by many states, look at who and what has driven the decisions to adopt various guidelines, what role evidence-based medicine has played, how the trend has evolved, and outcomes resulting from various strategies. Case studies will reference positive and negative experiences in 11 different states. Never before has this national story been synthesized and illustrated in such a revealing fashion.

Objectives: Discuss the true role of evidence-based medicine in the adoption of medical treatment guidelines for workers' compensation cases. Discuss case

# Conference Sessions

studies that tell both positive and negative experiences with the new trends in medical treatment guidelines for workers' compensation cases.

## Healthy, Sustainable Communities: Using the National Prevention Strategy to Mobilize Community Action (503)

Track: Health Promotion/Wellness

**Margie Weiss, PhD, APNP**

The decline in employment-based health insurance will force communities to strategically address healthy, sustainable living. Community-based changes in policies and systems, environment and infrastructure, communications and media, and program and service delivery will be needed to insure injury-free worksites, safe housing and neighborhoods, access to safe transportation, stable employment, and natural environments free from pollutants. This session provides a case study of how a community betterment model and the National Prevention Strategy (the prevention focus of the 2010 Affordable Care Act with emphasis on lowering healthcare costs, improving quality care, and providing coverage for the uninsured) can be used to impact the health and well-being of a community and its businesses. This session is a demonstration of a prevention-oriented community that integrates health and health equity criteria into community planning and decision making, maintaining a skilled, cross-trained and diverse workforce, implementing effective policies and programs that promote personal and environmental health, and enhancing cross-sector data sharing and collaboration.

Objectives: Describe the benefits of collective efficacy when the National Prevention Strategy framework is used to promote healthy, sustainable communities. Describe ways to leverage social cohesion within the community to foster healthy, sustainable lifestyles. Discuss strategies to use social marketing tools to foster group connections that support healthy, sustainable lifestyle behaviors that extend beyond the school and work setting to the home and community.

## Challenges in Conducting Hazardous Drug Medical Surveillance Programs in the Healthcare Setting (504)

Track: Clinical Practice & Hospital/Healthcare

**Adrienne Wolf, MPH**

**Lee Newman, MD, MA, FACOEM, FCCP**

NIOSH and the CDC recommend that healthcare organizations implement a medical surveillance program to monitor healthcare workers who work with potentially hazardous chemicals, such as chemotherapeutic agents. However, there is no guidance on how to set up such a program. In this session you will better understand the risks hazardous drugs pose to healthcare workers. More generally, you will also learn a systematic approach that can be used to identify potential risks that these and other hazardous drugs pose to workers in any workplace. Discussion will center around how to use the available resources in order to implement a hazardous drug surveillance program, whether in health care or other industrial sectors.

Objectives: Discuss the risks hazardous drugs pose to healthcare workers. Discuss research methods and the systematic approach that is used to identify the potential risks of hazardous chemicals for healthcare workers and that can be applied to any hazardous chemical. Explain how to best use available resources (MSDS or SDS sheets) when implementing a hazardous drug surveillance program. Discuss how to implement a hazardous chemical medical surveillance program in practice.

## Implementation of an Electronic Medical Record in the Occupational Health (OH) Setting (505)

Track: Nurse Practitioner/Clinical Practice

**Joanna Krasinki, MSN, ANP-BC, COHN-S**

Electronic medical records (EMR) provide an efficient, paperless, cost-saving system of patient medical record management that is being implemented in

healthcare settings worldwide, but it requires careful, deliberate planning and consideration. An EMR in the OH setting provides the additional benefits of facilitating compliance with regulatory agencies, managing surveillance requirements, and promoting health and wellness programs. This session will define the necessary strategic planning of an (EMR) implementation in the OH setting. You will learn the essential steps to defining the clinic goals and expectations of the EMR, ensuring staff readiness, incorporating change management processes, selecting the right vendor, planning a system of design that supports clinical workflow, and standardizing the clinical practice. In addition, the session will cover policy development addressing confidentiality, system security, integration with other electronic systems (e.g., labs, etc.), maintenance, and future system upgrades. This session will help you prepare for this inevitable change in healthcare delivery.

Objectives: Describe EMR lifecycle. Describe strategic plan for EMR implementation. Describe policy development needs.

## 2012 Revised Hazard Communication Standard—Become an Expert (506)

Track: Safety/Environmental/Regulatory/Compliance

**Mary Gene Ryan, MPH, BSN, COHN-S/SM, FAAOHN**

29 CFR 1910.1200 Hazard Communication Standard was revised on March 26, 2012, with an effective date of May 25, 2012. Come learn 1) the phase-in dates, 2) how it affects all workers who use/work with hazardous materials, 3) major changes to the Hazard Communication Standard, 4) 19 physical hazards and 10 health hazards criteria for classification, 5) label element requirements, and 6) Safety Data Sheet (SDS) requirements.

With this update you can ensure that your company stays in compliance and meets the training deadline of December 1, 2013. You will have the opportunity to examine a Material Safety Data Sheets (MSDS) vs. a SDS and understand the implications of these changes for your employees. With this update and the resource links provided, you can become your company's Hazard Communication Standard expert.

Objectives: State two major revisions with 29 CFR 1910.1200 Hazard Communication Standard (Haz Com). Name two signal words and identify at least two pictograms required on labels and SDS. Recognize at least two differences between a MSDS and a SDS.

## Concurrent Session 5

Wednesday, April 17..... 3 – 4:30 p.m.

## Implementation of Low Back Pain Protocol in Medical Center Occupational Health Programs (507)

Track: Hospital/Healthcare

**Denise Knoblauch, BSN, RN, COHN-S/CM**

**Maureen Mathews, MS, APN**

This session is a case study of a nursing team comprised of management, advance practice nurse, case managers, and clinical staff who embarked on a journey to develop a low back pain management protocol for healthcare workers, to focus on returning to regular work in 35 days or less after a similar attempt had less favorable results. This is a demonstration of how the protocol uses evidence-based guidelines from MD (Reed Group) and American College of Occupational and Environmental Medicine with a strong focus on client teaching given by nurses. The team began using the protocols in July 2012. FY 2013 integrated scorecard indicator indicates success as 89% of SFMC employees were released to full duty within 35 days.

Objectives: Review the burden of continued low back pain injuries. Describe the project development process. Discuss the specific components of the protocol. Identify outcomes of the project.

# Conference Sessions

## Evaluating Corporate Wellness Program Effectiveness Using Health Risk Trends (508)

Track: Management & Business/Health Promotion/Wellness

**Jeanne Sherwood, RN**

This session will explore simple, proven methods of tracking and documenting wellness program effectiveness through health risk trending. The techniques presented can assist in the tabulation of existing risks among the employee population and projection of potential disease processes and associated medical claims based on clinical markers. The session will demonstrate how to formulate a strategy for implementing biometric measurements, define standards for defining health risks, and identify potential uses for risk tracking such as reporting to management and creating health risk-specific programming. The session will also cover appropriate biometric standards for wellness programming and compare these standards to national governing agencies as well as compliance issues. You will come away with a solid understanding of the importance of health risk tracking and tools/techniques to establish standards to prove the effectiveness of your corporate wellness program.

Objectives: Discuss the significance of successful tracking of effectiveness through health risk trending and stratifying employee populations to low, medium, and high risk categories. Discuss the research which specifies conversion of health risks to disease processes for projection of medical claims based on clinical markers. Discuss a strategy for implementing biometric measurements based on techniques presented and specific employee populations. List standards of clinical markers as a base for trending and projecting medical claims. Define additional potential uses for risk tracking such as providing reporting to management and creating risk specific programming.

## Job Accommodation (509)

Track: Disability/Case Management & Regulation/Compliance

**Elisabeth Simpson, MS, CRC**

This session will answer many questions about workplace accommodation, the Americans with Disabilities Act (ADA), other related legislation, and resources to support disability case managers and occupational health nurses.

Objectives: List ways to accommodate individuals where needed for pre-placement and return-to-work. Discuss ADA, FMLA, and other related legislation. Identify resources that assist you in supporting workers and employers when accommodating persons with disabilities

## Safe Work for All—Positive Outcomes of a Post-Offer Exam Program (510)

Track: Clinical Practice

**Rachel White, BSN, RN, COHN-S**

This session will present one company's post-offer exam program meant to prevent workplace injuries by determining individuals' ability to perform safely the tasks of the job which has been offered, and provide a venue where clients can ask for reasonable accommodation in a confidential setting with a healthcare provider. The session outlines what data is available to prove that positive outcomes have occurred due to this program and obtain continued funding in times of tight budgets. This session will include a checklist of essential elements of this best practice program and tools to measure outcomes like client satisfaction and return on investment.

Objectives: Identify the components of an effective post-offer exam program that meets or exceeds legal and regulatory requirements. Discuss outcomes measures that are attributable to an effective post offer exam program. Define how to enhance an existing post offer program. Identify two elements to apply to your workplace. Demonstrate and discuss a post-offer exam done by an occupational health nurse.

## Pharmacology for Prescribers: Hot Drugs for Nurse Practitioners (NP) (511)

Track: Nurse Practitioner

**Dan Bemby, PhD, APRN, FNP-BC**

This session is designed for NPs who will have the opportunity to learn about some of the hottest new drugs, their indications for prescribing, and how they will affect the worker. The session awards one continuing education unit toward satisfaction of APRN's annual pharmacy requirements.

Objective: Identify some of the leading-edge pharmaceutical interventions that may be applicable for workers.

## Occupational Hazards for the Pregnant Employee and the Impact of the Work Environment (512)

Track: Safety/Environmental & Regulatory/Compliance

**Andrew Gottlieb, FNP-BC**

The Occupational Health and Safety Act of 1970 mandates hazard protection for the unborn children of workers. These hazards include, but are not limited to, manual lifting, shift work, radiation, and exposure to toxic chemicals and/or biological agents. This session will detail the overall prevalence of adverse reproductive outcomes in the U.S. and how to differentiate between actual reproductive hazards and those that are perceived. This session will also enable you to identify measures that can be taken to protect the pregnant employee from true workplace hazards. You will discuss the hierarchy of employee protection ranging from engineering and administrative controls to personal protective equipment.

Objectives: Understand normal reproductive events. Identify the prevalence of reproductive adverse outcomes. List biological, chemical/toxic, and physical hazards in the workplace. List pro-active versus reactive measures to protect workers.

## Concurrent Session 6

Thursday, April 18.....8 – 9:30 a.m.

## Occupational Health Nursing (OHN) Around the World (600)

Track: Management/Business & Global Nursing

**Susan Sliski, DNP, RN, CCM**

**Tara O'Leary, BSN, RN, COH-N**

**Tina Thorton, BSN, RN, COHN-S/CM**

**Silvia Arraz, MSc, RN, OHN**

**Alfonso Meneses, PhD, RN, OHN**

**Marta Maria Hernandez Martin**

The session will describe the practice of OHNs in Spain, Ireland, Malaysia, Middle East, and Africa. Attend this session if you are simply curious and want to learn more about international occupational and environmental health or if you practice in the U.S., but have to implement health programming and policies in another country. You will learn about adapting programming to fit a country culture and OH nursing practice in these countries.

Objectives: Describe a research project that is designed to describe the OHN competencies and practice in Spain. Indicate how the country impacts the implementation of a US company's policies and dictates country-specific changes in Ireland and Malaysia. List the educational requirements, roles, and responsibilities of the OHN in their respective countries.

# Conference Sessions

## Getting the Degree You Want (601)

Track: Career/Professional Development

**Marjorie McCullagh, PhD, RN**

This session addresses the concerns of the returning student, including weighing costs and benefits of education, identifying and overcoming barriers to a degree, and finding financial and other resources to be successful in college. Many occupational health nurses express interest in continuing their education for getting a better job, earning a promotion, or finally achieving a personal goal. However, many nurses in the workforce are faced with obstacles to achievement of their desired degree, such as lack of time, financial concerns, and commitment to their job. Some have been out of school for many years, and are unsure of how to begin getting the degree they have always wanted, and wonder if they qualify for admission.

Objectives: Discuss professional and personal benefits of educational advancement. Compare various degrees and programs in nursing. Develop criteria to select the university, degree, and program that best fits your interests and career goals. Examine common barriers to educational advancement.

## Hot Cardiac Drugs (602)

Track: Clinical Practice

**Yolanda Lang, Dr.PH, MSN, CRNP, COHN, FAAOHN**

This session will provide you with information about the latest cardiac medications, the potential side effects, and the potential impact on job performance.

Objectives: State mechanisms of action of certain classifications of cardiac medications. Review mechanism of action of ccb, statins, cardiac glycosides, beta blockers, nitrates, and ace inhibitors. Describe the listed side effects of the drugs and their potential for interactions with other medications, foods, etc. Discuss the common side effects associated with the above drug classifications. Recognize the possibility of impacts on job performance and safety issues. Discuss needed employee/supervisor education and employee evaluation. Discuss job accommodations.

## Laboratory Ergonomics (603)

Track: Hospital/Healthcare/Laboratories & Regulation

**Peggy Ross, RN, COHN-S/CM, CSP**

Laboratory jobs vary and may include chemicals, microscopes, fume hoods, glove boxes, pipettes, flasks, automated analyzers, compressed gases, and computers. Laboratory workers are often very mobile throughout the shift and many ergonomic hazards are unique to the environment. In this laboratory ergonomic training, you will learn to identify common ergonomic hazards. Building on general ergonomics principles, you will focus specifically on laboratory ergonomic hazard recognition and risk reduction techniques.

Objectives: Recognize ergonomic hazards. Discuss how to apply ergonomic knowledge in the laboratory environment. Define controls for laboratory ergonomic hazards.

## Take It “Up a Notch”—Transforming Your Wellness Program Into a Strategic Wellness Initiative (604)

Track: Management/Business & Health Promotion/Wellness

**Tammie Hansen, RN, COHN-S**

While many organizations profess that they support worker health and wellness, it is difficult to obtain and sustain support for these initiatives when the economy takes a downturn and the workplace faces difficult times. This session will identify strategies to support a sustained wellness initiative by promoting and supporting the strategic imperatives of the organization. You will explore opportunities to think about return on investment (ROI) differently. For wellness to be sustainable over time, you will be challenged to redefine the term “ROI,” determine where your wellness initiatives support the strategic plan of the organization, and craft your initiative/measures accordingly.

Objectives: Describe two strategies to link your wellness initiatives to your company’s strategic plan.

## Outcomes-Based Programs Achieve Results and Provide Return on Investment (605)

Track: Management/Business

**Wanda Smith, MPH, BSN, RN, COHN-S, FAAOHN**

This session will help occupational health nurses examine the difference between outcome measures that are frequently tracked for occupational health programs and more appropriate outcomes for these same programs. For example, it’s common to measure the number of lipid panels and Hemoglobin A1C tests drawn, the number of participants in a weight management program, the number of pre-placement exams completed, etc. More desirable outcomes to report are the improvements that result from the programs, such as number of participants who lowered their blood pressure, the number who lowered their Hemoglobin A1C, or the number of new employees who were appropriately placed in jobs where they can work safely. This session will help you apply outcome-based programming to your organization(s).

Objectives: Explain the rationale for outcomes-based programs. Discuss how to differentiate goals, outputs, activities, and outcomes.

## Concurrent Session 7

Thursday, April 18.....10 – 11:30 a.m.

## Increasing Employee Vaccination Rates—Can It Reduce Lost Time and Increase Productivity? (606)

Track: Clinical Practice

**Chad Rittle, DNP, MPH, RN**

In June of 2011, the CDC announced in MMWR 60(24) that “expanded vaccination coverage is one of the most cost-effective ways to advance global welfare.” However, there is still a significant cost burden placed on employers and employee families from the incidence of influenza, pertussis, and pneumonia in the community. This session will discuss 1) the epidemiology of influenza, pertussis, and pneumonia and their symptoms, side effects, and effects on work attendance—for both the family of the patient and for the employer; 2) studies outlining costs such as employee vaccination programs, lost work time, lost employee productivity, and acute disease treatment costs; 3) studies detailing how specific employers achieved cost benefits of as much as 2.38 times the amount invested in vaccination programs; 4) how increasing vaccination coverage with the total workforce can help reduce overall healthcare cost for the employer; 5) specific strategies for communicating the benefits of universal vaccination for employees and their families and methods for combating vaccination misinformation among the employee population; and 6) the development of policies regarding immunization requirements within the employer organization and working while ill.

Objectives: Identify the three vaccines of significant relevance to employers, adult workers, and their families. Identify the direct and indirect costs associated with influenza, pertussis, or pneumonia. Identify some specific strategies for increasing vaccine acceptance in their employees.

## Onsite Health and Wellness That Works! (607)

Track: Health Promotion/Wellness

**Trent Shuford**

**Kim Mayhew, BSN, RN, OHNC**

Onsite health and wellness programs can transform a workplace by decreasing workers compensation costs, decreasing healthcare costs, and increasing productivity, all while increasing the competitive advantage. However, all too often health and wellness programs fail to meet expectations with over 76% of companies surveyed reporting they do not know the return on their investment in health improvement programs. In order to have an onsite health and wellness program that works, it must have clear objectives and goals that can be demonstrated. In this session, you will discuss ways to set up your program

# Conference Sessions

for success with solutions that promote a healthier, safer, and more productive workforce. The session will include case studies that share companies' results when they use a comprehensive health and wellness strategy.

Objectives: Define areas that increase risk of illness/injury and the growing prevalence. Discuss current models of onsite health and wellness programs. Define the key components needed for a successful onsite health and wellness program. Discuss case studies to determine steps that will work for their facility.

## Selecting and Deploying a Health Risk Assessment Tool: Global Perspectives and Practical Approaches (608)

Track: Health Promotion/Wellness & Global

**Sharon Kemerer, MSN, RN, COHN-S/CM**

**Jeannie Hanna, MSN, RN, COHN-S, FAAOHN**

**Deborah Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN**

**Wolf Kirsten, MSc**

Health risk assessment (HRA) tools have the potential to provide valuable information about population health risks and the probability of future disease development. When used properly, the data generated by them enable health promotion program managers to identify key areas of health risk vulnerability for a working population. Many tools are available on the market, and the challenge of selecting the correct tool can be significant. This panel of occupational health professionals will present their experience in selecting, deploying, and utilizing the data from a variety of health risk assessment tools. Their shared experience will provide you with a balanced perspective and information that will support your selection of a tool as well as the enhancement of programs already in place.

Objectives: Discuss the key role of health risk assessment data in a total health and productivity program. Describe the key elements to consider in selecting a health risk assessment tool. Identify various methods in deploying health risk assessment tools. Describe possible uses of HRA data within a health promotion strategy.

## Winning With Power Presentations (609)

Track: Management/Business

**Ann Dudash, DTM**

**Laura East, RN, COHN-S**

Occupational and environmental health nurses need to be master communicators. If you have a seat at the table, conduct training, manage cases, act as a consultant, or work with clients and employees, you need effective communication skills to accomplish positive change. This session will give you the tools and methods you need to make your messages stand out and be remembered long after your presentation is over. Persuading your audience of one or one hundred to change a behavior or attitude is an art. Whether you have been making presentations your entire career or are just starting out, this session will give you processes and techniques you can implement immediately.

Objectives: Illustrate six methods to vary your presentation and hold audience interest and focus. Describe six ways to engage your audience to remember your message. Describe the absolute "DON'Ts" when presenting. Describe the benefits of Story Telling and how to craft and organize stories for maximum effectiveness. Define foundational phrases as part of a 5-piece process to create compelling content.

## Hot Topics (610)

Track: All Occupational Health Nurses

**Mary Gene Ryan, MPH, BSN, COHN-S/SM, FAAOHN**

**Karen Griffith, MBA, BSN, RN, COHN-S**

**Adam S. Glauberg, BS**

During this session, a panel of occupational and environmental health practitioners will discuss the most current issues affecting today's occupational health nurse practice and offer solutions that have been tried by leading edge companies and their experiences with success.

Objectives: Discuss at least three current issues that affect occupational and environmental health nursing practice. State at least one solution/action that can be taken.

## Health Literacy and Worker Safety: Practical Tips to Improve Interpersonal Communication (611)

Track: Health Promotion/Wellness

**Grace Paranzino, EdD, RN, CHES, FAAOHN**

Do you ever wonder why workers don't understand written materials, consent forms, or surveillance exam materials? Perhaps it is because they have limited health literacy, the ability to read, understand, and act on healthcare information. As occupational health nurses, we are strategically positioned to be able to identify problems at the workplace and make significant changes in the way we communicate to workers about work-related issues so that they do understand the message. At the completion of this session, you will be able to understand the impacts of health literacy, describe tools and techniques to use with workers with limited health literacy, discuss strategies to enhance communication with workers with low health literacy, and create literacy-friendly written materials.

Objectives: Discuss the impacts of health literacy. Describe tools/techniques to use with workers with limited health literacy. Discuss strategies to enhance communication with workers with low health literacy. Describe how to create literacy-friendly written materials

## Closing Session

**Thursday, April 18.....11:45 a.m. – 12:30 p.m.**

## An Occupational Health Nurse's Guide to Total Worker Health™ (612)

**L. Casey Chosewood, MD**

More patients, more risks, more programs, faster pace, more responsibilities! Occupational health nurses increasingly must do more with less even as the health and workplace challenges facing today's workers continue to grow. Whether physical, environmental, psychological, social, cultural, familial, community, or some combination of all of these, today's exposures require swift action, a high level of professional judgment and broader perspectives than ever before. This fast-paced, example-filled session will challenge your current notion of what is work-related and what isn't, what really matters when it comes to health and safety interventions, and why our past approaches to lower injury and illness rates can't possibly be enough if we want to continue the gains we have made. Want to really improve total health of all workers? Want to start today? You'll need a new strategy, new tools, new approaches, and a brave willingness to say goodbye to what won't work any longer. You'll leave this session ready to take action and prepared to change the way you practice the art and science that is occupational health.

Objectives: Explain the NIOSH concept of Total Worker Health™. Provide at least three examples of integrated worker protection and workplace health promotion interventions. Identify two resources for information of integrated approaches to protecting the total health of workers.

# Faculty

**Silvia Arraz, MSc, RN, OHN**

Student, Universidad Complutense de Madrid, Madrid, Spain

**Dan Bembry, PhD, APRN, FNP-BC**

Assistant Professor, Lincoln Memorial University, Church Hill, TN

**Sarah Budde, MED, RN, COHN-S, CSP**

Safety & Health Consultant, Sarah Budde & Associates, Bowling Green, KY

**Barbara J. Burgel, PhD, RN, COHN-S, FAAN**

Clinical Professor, University of California San Francisco, San Francisco, CA

**Debbie Bush, RN, COHN-S/CM**

Occupational HealthCare Nurse/Case Manager, HCA Company Care, Largo, FL

**Noreen Chikotas, DEd, MSN, CRNP**

Associate Professor, Nurse Practitioner Program Director, Bloomsburg University Bloomsburg, PA

**L. Casey Chosewood, MD**

Senior Medical Officer, Total Worker Health, Atlanta, GA

**Mary Lou Cook, PhD, RN**

Professor Emeritus, SUNY Institute of Technology, Clinton, NY

**John Cook, PhD, MBA**

Professor Emeritus, SUNY Institute of Technology, Clinton, NY

**Michael Cox, MS**

Project Manager III, Safety Net, Kaiser Permanente, Oakland, CA

**J. Pat Curran, CIH**

Industrial Hygiene Consultant, PCIH, Inc., Emerald Isle, NC

**Beverly David, MHA/MBA, RN, COHN-S/CM**

Senior Health Services Manager-Programmer, IBM, Durham, NC

**Butch de Castro, PhD, MSN/MPH, RN**

Assistant Professor, University of Washington School of Nursing, Seattle, WA

**Diane DeGaetano, BSN, RN, COHN-S, FAAOHN**

Occupational Health Manager, Meril Limited, Snellville, GA

**Patrick Deroose, RN**

Group General Manager, International SOS, Trevoise, PA

**Kathy Dobler, BSN, RN, COHN-S**

Occupational Health Nurse, Syngenta Biotechnology, Inc., Wake Forest, NC

**Ann Dudash, DTM**

President, Ann Dudash-The Presentation Expert, Collierville, TN

**Laura East, RN, COHN-S**

Occupational Health Advisor, BP America, Aurora, IL

**Stephen Eckels, PharmD**

Assistant Director of Pharmacy, UNC Hospitals Dept of Pharmacy, Chapel Hill, NC

**Sarah Ervin, AuD, CCC-A**

Customer Relations Facilitator, Workplace Integra, Inc., Greensboro, NC

**Donna Ferriera, ANP, MS, COHN-S**

Account Manager, Comprehensive Health Services, Shirley, MA

**Sheila Fitzgerald, PhD, RN**

Associate Professor, Johns Hopkins University, Baltimore, MD

**Denise Gillen-Algire, MBA, BSN, RN, COHN-S/CM, FAAOHN**

Practice Leader, Integrated Health, Albuquerque, NM

**Adam Glausberg, BS**

Director, Clinic Service Operations, Johnson & Johnson, New Brunswick, NJ

**Kathleen Golden McAndrew, DNP, COHN-S, CCM, FAANP, FAAOHN**

OHN Practitioner, University of California-San Francisco, San Francisco, CA

**Andrew Gottlieb, FNP-BC**

Director, MGH Occupational Health, MGH Occupational Health, Boston, MA

**Tonya Grayson, LPN**

Nurse, Grayson Group, LLC, Anniston, AL

**Karen Griffith, MBA, BSN, RN, COHN-S**

Sr. Project Manager Global Health and Wellbeing, Intel Corporation, Scottsdale, AZ

**Jack L. Groppe, PhD**

Human Performance Institute, Division of Wellness & Prevention, Inc., Orlando, FL

**Arlene Guzik, DNP, ARNP-BC, COHN-S, FAAOHN**

Assistant Medical Director, Business Health Resources, Inc., Dunedin, FL

**Annette Haag, MA, RN, COHN-S/CM, FAAOHN**

Health and Safety Consultant, Annette B. Haag & Associates, Simi Valley, CA

**Deborah Haile, RN**

Senior National Training Consultant, American Heart Association, Dallas, TX

**Jeannie Hanna, MSN, RN, COHN-S, FAAOHN**

Director Wellness and Health Services, The Hershey Company, Hershey, PA

**Tammi Hansen, RN, COHN-S**

Health, Productivity & Wellness Leader, Trinity Health, Powell, OH

**Susan Harada, MN, RN, FNP-c, COHN-S**

Amgen, Newbury Park, CA

**Suzy Harrington, DNP, RN, MCHES**

Director of Center for Occupational and Environmental Health

American Nurses Association, Silver Spring, MD

**Scott Harris, PhD, MSPH**

Occupational Health & Risk Management Consultant, UL PureSafety, Franklin, TN

**Karen Heaton, PhD, CEN, FNP-BC**

Assistant Professor, UAB School of Nursing, Birmingham, AL

**Marta Maria Hernandez Martin**

Universidad Complutense Madrid, Madrid, Spain

**Bernadette Hodge, MLS, MS, RN**

Information Specialist, New York Center for Agricultural Medicine and Health Cooperstown, NY

**Doug Hoffman, MSN, RN, COHN-S**

Region Occupational Health Manager, UPS, Aurora, IL

**OiSaeng Hong, PhD, RN, FAAN**

Professor and Director, USCF, San Francisco, CA

**Melinda Huffman, MSN, RN, CCNS, CHC**

Principal, Miller & Huffman Outcome Architects, LLC, Winchester, TN

**Euzelia Hunter, MPH, RN, COHN-S/CM, FAAOHN**

Nurse Program Administrator, IBM, Research Triangle Park, NC

**Susan Katz-Sliski, DNP, RN, CCM**

Adjunct Faculty at Regis College, Regis College, Lincoln, MA

**Sharon Kemerer, MSN, RN, COHN-S/CM, FAAOHN**

Corporate Director, OH, Baxter Healthcare Corporation, Deerfield, IL

**Allison Kleinfelter, MS, RN**

Manager, Wellness Strategy & Communications, The Hershey Company, Hershey, PA

**Denise Knoblauch, BSN, RN, COHN-S/CM**

Case Manager, OSF Saint Francis Medical Center, Lowpoint, IL

**Joanna Krasinski, MSN, ANP-BC, COHN-S**

Director Occupational Health Services, Partners Health Care, Weston, MA

**Ann Lachat, BSN, COHN-S/CM, FAAOHN**

CEO, American Board for Occupational Health Nurses, Hinsdale, IL

**Maynard Lamusao, NP**

Principal Specialist, Nurse Practitioner

Global Occupational Health Services Abbott, Abbott Park, IL

**Yolanda Lang, Dr.PH, MSN, CRNP, COHN, FAAOHN**

CRNP, Occupational Health, University of Pittsburgh Medical Center, Pittsburgh, PA

**Phil LeFevre, BA, CODGT**

Director, Strategic Accounts & Initiatives, Work Loss Data Institute, LLC, Encinitas, CA

**Frank H. Leone, MBA, MPH**

President and CEO, RYAN Associates, Santa Barbara, CA



# Faculty

## **Diane Mairone, PhD**

Owner and President, Mairone Consulting, Voorhees, NJ

## **Margaret Manuszak, MS, RN, COHN-S/CM, FAAOHN**

Corporate Nurse Manager, Perdue Farms, Inc., Millsboro, DE

## **Steven Marks, MSN, RN, APN-C, COHN-S**

Administrator, Health and Safety Services, Viking Yachts, New Gretna, NJ

## **Maureen Mathews, MS, APN**

Advanced Practice Nurse, OSF Healthcare, Peoria, IL

## **Barb Maxwell, MHA, RN, COHN-S, CCM, CWCP, QRP, FAAOHN**

Division Director Company Care OS, HCA-West Florida Division, St. Petersburg, FL

## **Kim Mayhew, BSN, RN, OHNC**

Occupational Nurse Consultant, Washington State Department of Labor and Industries Snohomish, WA

## **Marjorie McCullagh, PhD, RN**

Assistant Professor, University of Michigan School of Nursing, Ann Arbor, MI

## **Bonnie Olsen McDonell, RN, NP, MINTie**

Nurse Practitioner, Kaiser Permanente, Sebastopol, CA

## **Tim McGlothlin, MS, CPE**

Executive Director, The Ergonomics Center, Raleigh, NC

## **Toni McKenna, DNSc, RN**

Director, Center for Continuing Nursing Education, University of Texas Arlington Arlington, TX

## **Alfonso Meneses, PhD, RN, OHN**

Professor, University of Nursing, Physiotherapy and Podiatry Universidad Complutense of Madrid Spain, Madrid, Spain

## **Colleen Miller, BS, RN, CSBC**

Co-owner and Principal, Miller & Huffman Outcome Architects, LLC, Ringgold, GA

## **Pam Moore, EdD, MPH, RN, FAAOHN**

Murfreesboro, TN

## **Rebecca Mooreland, PhD, MPH, BSN**

RF Moreland, LLC, Palmetto, FL

## **Glenn Morrison, CIH**

Regional IH-Safety Manager, IBM, Hopewell Junction, NY

## **Nancy Nachreiner, PhD, MPH, BSN, COHN-S**

Assistant Professor, University of Minnesota, Mound, MN

## **Cheryl Nadeau, MEd, FAAA**

Senior Occupational Audiologist, Workplace Integra, Inc., Greensboro, NC

## **Lee Newman, MD, MA, FACOEM, FCCP**

CMIO/Professor, Axion Health, Inc., Colorado School of Public Health, Denver, CO

## **Tara O'Leary, BSN, RN, COHS-N**

Global Health and Safety Manager, PepsiCo, Little Island, Ireland

## **Joanne O'Brien, MPH, RN**

Medical Services Administrator, City of Los Angeles Personnel Department Medical Services Division, Los Angeles, CA

## **Kimberly Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN**

Vice President, Mid-State Occupational Health Services Inc., Lewisburg, PA

## **Grace Paranzino, EdD, RN, CHES, FAAOHN**

Chief Clinical Officer, Kelly Services, New Orleans, LA

## **Carol Parks, BSN, RN, COHN-S/CM, FAAOHN**

Senior Staff Specialist-Health Services, PPL Susquehanna, LLC, Mountain Top, PA

## **Don Powell, PhD**

President/CEO, American Institute for Preventive Medicine, Farmington Hills, MI

## **James O. Prochaska, PhD**

Director, Cancer Prevention Research Center, Professor of Clinical and Health Psychology, University of Rhode Island, Kingston, RI

## **Joan Rigdon, MN, RN, FNP-c, COHN-S**

Nurse Practitioner, Methodist Hospital of South California, Pasadena, CA

## **Chad Rittle, DNP, MPH, RN**

Assistant Professor, Chatham University, Pittsburgh, PA

## **Wendie Robbins, PhD, RN**

Professor, University of California Los Angeles, Los Angeles, CA

## **Dottie Robinson, BSN, RN, COHN-S/CM**

Health Services Advisor, IBM, Yorktown Heights, NY

## **Bonnie Rogers, DrPH, COHN-S, FAAN**

Director, School of Public Health, University of North Carolina, Chapel Hill, NC

## **Peggy Ross, MS, RN, COHN-S/CM, CSP**

Corporate Manager, Environment, Health & Safety, Baxter Healthcare Corp, McHenry, IL

## **Deborah Roy, MPH, RN, COHN-S, CET, CSP, FAAOHN**

Director of Health Safety & Wellness, LL Bean, Inc., Freeport, ME

## **Kerri Rupe, ARNP, FNP-C, COHN-S, DNP, FAANP**

Clinic Associate Professor, University of Iowa, Iowa City, IA

## **Mary Gene Ryan, MPH, BSN, COHN-S/SM, FAAOHN**

Executive Director, MG Ryan & Co., Inc., Oxnard, CA

## **Sara Schneider, PhD**

Associate Professor, National Louis University, Oak Park, IL

## **Jeanne Sherwood, RN**

CEO, WellAdvantage, Sykesville, MD

## **Trent Shuford**

Founder, CEO and Chief Visionary for Workplace Injury Reduction Woodinville, WA

## **Elisabeth Simpson, MS, CRC**

Senior Consultant, Job Accommodation Network, Morgantown, WV

## **Wanda Smith, MPH, BSN, RN, COHN-S, FAAOHN**

Clinical Director Occupational Health Services Alamance Regional Medical Center, Snow Camp, NC

## **Pegeen Smith, MS, RN, COHN-S**

Product Specialist, Technical, 3M Company-OHESD, Cadillac, MI

## **Dawn Stone, PhD(c), RN, ANP, COHN-S**

Nurse Practitioner, University of California, Los Angeles, CA

## **April Teusch, RN, ACLS, TNCC**

Nurse Manager, Comprehensive Health Services, Huntington, IL

## **Elizabeth Ann Thomas, PhD, RN, ANP-BC, COHN-S, CNL**

Assistant Professor, UCLA School of Nursing, Los Angeles, CA

## **Tina Thorton, BSN, RN, COHN-S/CM**

Corporate Occupational Health Manager, First Solar, Inc., Perrysburg, OH

## **Debra Toney, PhD, RN**

Director of Nursing, Nevada Health Centers, Inc., Las Vegas, NV

## **Sherrie Vogler, RN**

President and Owner, Houston Medical Testing Services, Inc., Houston, TX

## **Emily Wallace, BS, RN, COHN-S**

Sanford, NC

## **Angela Ward, MS, BSN, RN, COHN-S**

Nurse Consultant, Department of Transportation, Fort Washington, MD

## **Pamela Ward, MA, BS, RN**

Senior Analyst/Trainer, The Steinmetz Corporation, Austin, TX

## **Margie Weiss, PhD, APNP**

CEO/Community Health Advocate, Weiss Health Group, Neenah, WI

## **Rachel White, BSN, RN, COHN-S**

Manager, Occupational Health Department, LL Bean, Freeport, ME

## **Kirsten Wolf, MSc**

Founder and President, International Health Consulting, Berlin, Germany

## **Debra Wolf, PhD, MSN, RN**

Associate Professor, Chatham University, Pittsburgh, PA

## **Adrienne Wolf, MPH**

Healthcare Research Analyst, Axion Health, Denver, CO

# Hotel

## The Cosmopolitan™ of Las Vegas

3709 Las Vegas Boulevard South, Las Vegas, NV 89109; Reservations: 855-435-0005 or 702-698-7575

Preconference: April 13-15; Conference: April 15-18; Exhibits: April 15-16

**Reservations.** Make your plans now to attend the AAOHN 2013 Annual Conference at The Cosmopolitan of Las Vegas. Participants are responsible for their own hotel reservations. The Cosmopolitan of Las Vegas is holding rooms for AAOHN participants at a rate of \$185 (single/double occupancy) until **March 15, 2013**, or until the room block is filled. Once this date has passed or the room block is filled, the special AAOHN rates cannot be guaranteed. To make your reservations, call 855-435-0005. Be sure to tell reservations personnel that you are with "AAOHN" in order to receive this special rate. To register online, go to [https://resweb.passkey.com/Resweb.do?mode=welcome\\_gi\\_new&groupID=15289122](https://resweb.passkey.com/Resweb.do?mode=welcome_gi_new&groupID=15289122) and use the Group Code **SAON3**.

A credit card is required at the time of booking and a deposit equal to one night's room and tax will be charged. A 72-hour cancellation notice is required prior to your arrival date to receive a refund of your deposit. There is also a required incidental deposit of \$150 per day, which is collected upon check in.

# Travel

**Airport.** McCarran International Airport (LAS), 5757 Wayne Newton Blvd., Las Vegas, NV 89119, is about 3 miles from The Cosmopolitan of Las Vegas, which is approximately 10 minutes travel time.

**Airport Shuttle.** The most economical way to get to your hotel. Shuttles can cost less than \$10 for Strip/Downtown. Check with your hotel for schedules.

**Car Rentals.** The average price for an economy car in Las Vegas is around \$25 to \$30 per day, but the sky's the limit if you want something a little more extravagant.

**Parking.** Free parking is abundant. Virtually every major hotel offers free valet parking (don't forget to tip!)

**Public Transportation (Regional Transportation System-RTC).** A one-way fare on the Strip costs \$3 and slightly less in the rest of the city. Buses on the Strip run 24/7.

**Taxis.** Fares start with \$3.30 on the meter and \$2.65 is then added for every additional mile.

**The Las Vegas Monorail.** The Monorail travels from Sahara Ave. to the MGM Grand 7 days per week from 7 a.m. – 2 a.m. Monday–Thursday and until 3 a.m. Friday–Sunday. Visit website for location stops and ticket prices. [www.lvmonorail.com](http://www.lvmonorail.com)

**Book your AAOHN Hotel Reservation now for a chance to**

**WIN!**

*Support AAOHN by staying at the Host Hotel for the AAOHN 2013 National Conference. By booking your reservation at **The Cosmopolitan of Las Vegas** you will be entered into a drawing to win a luxury vacation.*



**To book your reservation call 855-435-0005. The AAOHN discounted rate is \$185 (single/double).**

**The drawing will occur at the AAOHN Business Meeting, Wed., April 17. You must be present to win!**

**Book by February 16, 2013, and you will be entered into all three drawings.**

**Book by March 2, 2013, and you will be entered into the second and third prize drawings only.**

**Book by March 15, 2013, and you will be entered into the third prize drawing only.**

- 1<sup>st</sup> PRIZE!** Book by **February 16, 2013**, and you will be entered into the drawing for First Prize of:  
 ■ 5 days, 4 nights at Newport Beach Marriott in CA ■ 2 round-trip airline tickets (not to exceed \$500 per ticket) ■ \$1,000 cash
- 2<sup>nd</sup> PRIZE!** Book by **March 2, 2013**, and you will be entered into the drawing for Second Prize of:  
 ■ 4 days, 3 nights at The Cosmopolitan of Las Vegas ■ \$500 cash
- 3<sup>rd</sup> PRIZE!** Book by **March 15, 2013**, and you will be entered into the drawing for Third Prize of:  
 ■ 3 days, 2 nights at the JW Marriott Desert Ridge Resort in AZ ■ \$250 cash

# Registration

**3 easy ways to register!**



Mail this form with payment to AAOHN National Office, 7794 Grow Drive, Pensacola, FL 32514-7072; or



Fax to 850-484-8762 (be sure to include payment information).



Register online at [www.AAOHN.org](http://www.AAOHN.org) AAOHN members should log in to the members only section. To log in, use your e-mail address and your member number as your password.

*Call the AAOHN National Office at 850-474-6963, toll free 800-241-8014, with any questions.*

Name \_\_\_\_\_ Credentials \_\_\_\_\_

First Name for Badge \_\_\_\_\_ Member Number \_\_\_\_\_

Institution \_\_\_\_\_ Title \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

*The above information will appear on your badge. Please indicate your mailing address below.*

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip (+4) \_\_\_\_\_

The above mailing address is my  work address  home address.

Daytime Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

**Membership Status:**

- I am a member of AAOHN.  I am a first-time attendee.  I am a retired member of AAOHN.
- I am a student member of AAOHN.  I am not a member of AAOHN.
- Opt-Out Feature:** I have checked this box to have my name removed from all vendor lists exclusive to the 2013 AAOHN Conference
- PRESENTERS:** The Foundation Board offers the opportunity for presenters to donate honoraria to the Foundation. If you would like your honorarium to be donated to the AAOHN Foundation, please check this box. On behalf of the AAOHN Foundation, thank you for your donation and continuing support of the Foundation! Fed Tax ID: 58-2381547

**Special Needs**



- I will need assistance.
- I will need vegetarian meals.
- Other  
*(please attach description)*

**Please read this information carefully before completing the fee section of this form.**

**Fee Section**

Registration fees for the full conference include the educational program and food events listed in this brochure. Single-day registration fees include the educational program and food events listed in this brochure for the day the participant is registered.

Registration fees for the full conference or for single-day registration do not include the preconference courses. Preconference courses are optional activities and have a separate fee.

**Registration**

The type of registration is determined by the date that the registration is postmarked—in the case of mailing—or received in the National Office—in the case of faxed or online registrations.

Registrations postmarked or faxed on or before **March 29, 2013**, will be considered early registrations.

Registrations postmarked or faxed after **March 29, 2013**, will be considered regular registrations and must include an additional \$50.00.

To be preregistered for the conference, you must complete early or regular registration, as outlined above, by **March 29, 2013**.

Registrations postmarked or faxed after **March 29, 2013**, will be considered onsite registrations. Onsite registrations are welcome, but please be prepared to take a little longer at the registration desk when you arrive.

Following receipt of registration form and payment you will receive a confirmation letter in about two weeks. No confirmation letters will be sent after **March 29, 2013**.

**Cancellations and Transfers**

Cancellations or transfers must be requested in writing and postmarked or faxed by **March 29, 2013**. Refunds will be issued following the conference. A \$50.00 administrative fee will be assessed. If you transfer your registration to another person, please include a completed registration form for that person with your written request.

**Discounts**

When registering in a group of 5 or more, deduct \$40.00 from the tuition of each full-conference registration. To be eligible for the discount, the registration forms must arrive together and have the discount information clearly noted. This discount applies to either early or regular registrations for the full conference.

**Payment**

Payment must accompany this registration form. Where appropriate, a copy of a purchase order is sufficient. Registration forms received without payment will not be processed until payment is received.

# Registration

## R.S.V.P.

Please indicate by session number your 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> choices for the **Preconference Workshops** (see pages 7–12 for workshop titles; see Section A below for fees):

- Saturday (full day, 8 a.m.–4 p.m.) #106–110 ..... 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_
- Saturday (half day, 8–11:30 a.m.) #111–112 ..... 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_
- Saturday (half day, 1–4:30 p.m.) #113–114 ..... 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_
- Sunday (full day, 8 a.m.–4 p.m.) #206–209 ..... 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_
- Sunday (half day, 8 a.m.–11:30 a.m.) #210–212 ..... 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_
- Sunday (half day, 1–4:30 p.m.) #213–215 ..... 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_
- Monday (half day, 8–11:30 a.m.) #305–311 ..... 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_

Please make your selection for each **Concurrent Session (CS)** by checking one course # on each line (see pages 13–20 for titles; included in conference registration fee):

- CS 1, Tues. (9:15–10:45 a.m.) .....  400  401  402  403  404  405
- CS 2, Tues. (11 a.m.–12:30 p.m.) .....  406  407  408  409  410  411
- CS 3, Tues. (1:30–3 p.m.) .....  412  413  414  415  416  417
- CS 4, Wed. (1–2:30 p.m.) .....  501  502  503  504  505  506
- CS 5, Wed. (3–4:30 p.m.) .....  507  508  509  510  511  512
- CS 6, Thurs. (8–9:30 a.m.) .....  600  601  602  603  604  605
- CS 7, Thurs. (10–11:30 a.m.) .....  606  607  608  609  610  611

Please check the **Practice Exchange** you plan to attend (Monday, April 15, 3:15–4:15 p.m.):

- Case Mgt (314)  Health/Well (319)
- Consulting (315)  Hospital (320)
- Corporate (316)  Nurse Prac (321)
- Educator (317)  Safety/Environ (322)
- Govt/Military (318)  LPN (323)

Please check all **events** you plan to attend:

- Opening Reception**  
Monday, April 15, 5:30 – 7 p.m.
- Exhibit Opening Reception**  
Tuesday, April 16, 4:30 – 7:30 p.m.
- Breakfast and Awards**  
Wednesday, April 17, 7:30 – 8:45 a.m.
- Lunch With Exhibitors**  
Wednesday, April 17, 12 – 1 p.m.

## FEE SECTION

### A. PRECONFERENCE COURSES AND WORKSHOPS

- Comprehensive Courses** (April 13–15) Member Non-Member
- COHN/S Cert Exam Rev (101, 201, 301) ..... \$605.00 ..... \$805.00
  - Physical Assessment (102, 202, 302) ..... \$605.00 ..... \$805.00
  - AAOHN Cert in OHN (103, 203, 303) ..... \$605.00 ..... \$805.00
  - Indus/Office Ergonomics (104, 204, 304) ..... \$605.00 ..... \$805.00
  - NIOSH-appr Spirometry Training (105, 205) ..... \$550.00 ..... \$660.00

- Full Day Workshops** Member Non-Member
- Sat/Sun, April 13–14, DOT Med Ex (106, 210) .. \$425.00 ..... \$510.00
  - Sat, April 13 (107, 108, 109, 110) ..... \$275.00 ..... \$330.00
  - Sun., April 14 (206, 208, 209) ..... \$275.00 ..... \$330.00
  - Sun., April 14, Healthy Coaching (207) ..... \$530.00 ..... \$585.00

- Half-Day Workshops** Member Non-Member
- Sat., April 13, morning (111, 112) ..... \$150.00 ..... \$180.00
  - Sat., April 13, afternoon (113, 114) ..... \$150.00 ..... \$180.00
  - Sun., April 14, morning (211, 212) ..... \$150.00 ..... \$180.00
  - Sun., April 14, afternoon (213, 214, 215) ..... \$150.00 ..... \$180.00
  - Mon., April 15, morning (305–311) ..... \$150.00 ..... \$180.00

**Subtotal A:** \$ \_\_\_\_\_

Complete **either Full (B) or Single Day (C) Registration** below!

### B. FULL-CONFERENCE REGISTRATION

NOTE: All the general sessions are included in the Full-Conference Registration.

- AAOHN Member (before March 29) ..... \$415.00
- AAOHN Member (after March 29) ..... \$455.00
- Retired AAOHN Member/Student (before March 29) ..... \$190.00
- Retired AAOHN Member/Student (after March 29) ..... \$190.00
- Non-Member (before March 29) ..... \$680.00
- Non-Member (after March 29) ..... \$730.00

**Subtotal B:** \$ \_\_\_\_\_

### C. SINGLE-DAY REGISTRATION

- Member (before March 29) ..... \$270.00
- Monday  Tuesday  Wednesday  Thursday
- Member (after March 29) ..... \$300.00
- Monday  Tuesday  Wednesday  Thursday
- Non-Member (before March 29) ..... \$480.00
- Monday  Tuesday  Wednesday  Thursday
- Non-Member (after March 29) ..... \$510.00
- Monday  Tuesday  Wednesday  Thursday

**Subtotal C:** \$ \_\_\_\_\_

### D. SITE SAFETY TOUR

(Sunday, April 14) (312)

There is a prerequisite workshop for this activity. See "Site Safety Tour" on page 16.

- Member ..... \$95.00
- Non-Member ..... \$95.00

**Subtotal D:** \$ \_\_\_\_\_

### E. MEMBERSHIP DUES

Please contact AAOHN National Office for dues quote.

**Subtotal E:** \$ \_\_\_\_\_

### F. SPOUSE OR GUEST REGISTRATION

\$175 per guest. Includes all food functions and exhibit hall entry.

Name(s) \_\_\_\_\_

**Subtotal F:** \$ \_\_\_\_\_

## CALCULATE YOUR TOTAL FEES

Add subtotals from previous sections:

- A. Preconference Courses ..... \$ \_\_\_\_\_
- B. Full-Conference Registration ..... \$ \_\_\_\_\_
- C. Single-Day Registration ..... \$ \_\_\_\_\_
- D. Site Safety Tour ..... \$ \_\_\_\_\_
- E. Membership Dues ..... \$ \_\_\_\_\_
- F. Spouse/Guest Registration ..... \$ \_\_\_\_\_

**Total Enclosed:** \$ \_\_\_\_\_

For credit card use —



Card # \_\_\_\_\_ Exp. \_\_\_\_\_ CV # \_\_\_\_\_

Print name on card \_\_\_\_\_

Signature \_\_\_\_\_

Billing address \_\_\_\_\_

Or send check — Check # \_\_\_\_\_

**Make check payable to AAOHN.** Checks will be converted into an electronic transaction. (Returned checks will incur a \$50.00 processing fee)

Or send a copy of purchase order — PO # \_\_\_\_\_

Tax ID# 13–1683514

Payment or purchase order must accompany this form.