



ARE YOU A GRAPE, ORANGE, BANANA, OR MELON?



We all have different styles, traits, and characteristics. The following exercise is a fun look at some of your general characteristics and personality traits!

Read across each row and place a 4, 3, 2, or 1 in the shaded box to rank how you would best describe yourself. A 4 means that this word **best** describes you. A 1 means that this word **least** describes you. Do this for each row.

Example:

Imaginative	2	Investigative	4	Realistic	1	Analytical	3
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Column 1		Column 2		Column 3		Column 4	
Imaginative		Investigative		Realistic		Analytical	
Adaptable		Inquisitive		Organized		Critical	
Relating		Creating		Getting to Point		Debating	
Personal		Adventurous		Practical		Academic	
Flexible		Inventive		Precise		Systematic	
Sharing		Independent		Orderly		Sensible	
Cooperative		Competitive		Perfectionist		Logical	
Sensitive		Risk-Taking		Hard-Working		Intellectual	
People-Person		Problem Solver		Planner		Reader	
Associate		Originate		Memorize		Think Through	
Spontaneous		Changer		Wants Direction		Judger	
Communicating		Discovering		Cautious		Reasoning	
Caring		Challenging		Practicing		Examining	
Feeling		Experimenting		Doing		Thinking	
Totals							

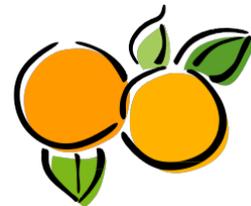
Now, add up your totals (don't include the examples of course!) for each column and place the total in the shaded boxes above.

If your highest score was in column **1**, consider yourself a **grape**!

If your highest score was in column **2**, consider yourself an **orange**!

If your highest score was in column **3**, consider yourself a **banana**!

If your highest score was in column **4**, consider yourself a **melon**!



Now find your fruit below and review what this may mean to you.

GRAPES

Natural abilities include:

- Being reflective
- Being sensitive
- Being flexible
- Being creative
- Preference for working in groups

Grapes learn best when they:

- Can work and share with others
- Balance work with play
- Can communicate
- Are noncompetitive

Grapes may have trouble:

- Giving exact answers
- Focusing on one thing at a time
- Organizing

To expand their style, Grapes need to:

- Pay more attention to details
- Not rush into things
- Be less emotional when making some decisions



ORANGES

Natural abilities include:

- Experimenting
- Being Independent
- Being curious
- Creating different approaches
- Creating change

Oranges learn best when they:

- Can use trial and error
- Produce real products
- Can compete
- Are self-directed

Oranges may have trouble:

- Meeting time limits
- Following a lecture
- Having few options or choices

To expand their style, Oranges need to:

- Delegate responsibility
- Be more accepting of others' ideas
- Learn to prioritize



BANANAS

Natural abilities include:

- Planning
- Fact-finding
- Organizing
- Following directions

Bananas learn best when they:

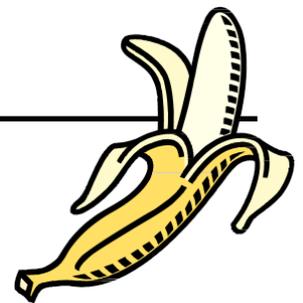
- Have an orderly environment
- Have specific outcomes
- Can trust others to do their part
- Have predictable situations

Bananas may have trouble:

- Understanding feelings
- Dealing with opposition
- Answering "what if" questions

To expand their style, Bananas need to:

- Express their own feelings more
- Get explanations of others' views
- Be less rigid



MELONS

Natural abilities include:

- Debating points of view
- Finding solutions
- Analyzing ideas
- Determining value or importance

Melons learn best when they:

- Have access to resources
- Can work independently
- Are respected for intellectual ability
- Follow traditional methods

Melons may have trouble:

- Working in groups
- Being criticized
- Convincing others diplomatically

To expand their style, Melons need to:

- Accept imperfection
- Consider all alternatives
- Consider others' feelings

